



News Notes

#1120 A weekly bulletin for residents of Auroville 26 February 2026



Happy Birthday, Auroville!

Photo by AMI

Pondering



A spiritual religion of humanity is the hope of the future. By this is not meant what is ordinarily called a universal religion, a system, a thing of creed and intellectual belief and dogma and outward rite. A religion of humanity means the growing realisation that there is a secret Spirit, a divine Reality, in which we are all one, that humanity is its highest present vehicle on earth, that the human race and the human being are the means by which it will progressively reveal itself here. It implies a growing attempt to live out this knowledge and bring about a kingdom of this divine Spirit upon earth.

*Sri Aurobindo, The Ideal of Human Unity,
Collected Works 25, p. 577*

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Happy Birthday, Auroville!



House of Mother's Agenda



The Mother had a very special definition of sincerity. 'Sincerity means to lift all the movements of the being to the level of the highest consciousness and realization already attained.'¹⁹ It means putting all the parts of the being under the influence of the central being, the psychic being. The psychic being is divine; all parts without a connection with the inner divine remain under the influence of the non-divine or anti-divine. The divine element in us is Truth; the non-divine is untruth, falsehood. Therefore real sincerity can only exist in the direct presence, in the light of the divine element in us. 'To be perfectly sincere, it is indispensable not to have any preference, any desire, any attraction, any dislike, any sympathy or antipathy, any attachment, any repulsion. One must live in a total, integral vision of things, in which everything is in its place and one has the same attitude towards all things: the attitude of the vision of verity.'²⁰ This was now demanded of the cells!

The fourth principle was equanimity or equality, which are not synonyms for indifference. 'The Yoga cannot be done if equality is not established,'²¹ Sri Aurobindo had written many years before. The rationale for the yogic requisite of equanimity is that everything is the Divine, who is impartial or equally loving towards all that he has brought forward into his manifestation. Consequently, the being that wants to become supramental, divine, must be able to show the same impartiality and equality towards all forms of existence. The quality of equanimity is so foreign to the ordinary human behaviour that it may be considered a superhuman quality.

¹⁹ *The Mother, Words of the Mother II*, CWM 14 p. 67.

²⁰ *The Mother, Questions and Answers 1956*, CWM 8 p. 398.

²¹ *Nirodbaran, Correspondence with Sri Aurobindo*, p. 1001.

(to be continued next week)

Georges Van Vrekhem
The Mother: The Story of Her Life
 Part Three: The Road Alone
 What Is to Be Done Is Done

<https://incarnateword.in/other-authors/georges-van-vrekhem/the-mother-the-story-of-her-life/16-what-is-to-be-done-is-done>

Gangalakshmi HOMA



Community News

Matrimandir News & Schedules

AUROVILLE BIRTHDAY AT THE MATRIMANDIR

*Almost they saw who lived within her light
Her playmate in the sempiternal spheres
Descended from its unattainable realms
In her attracting advent's luminous wake,
The white-fire dragon-bird of endless bliss
Drifting with burning wings above her days:*

Savitri, p.16

28 February, Auroville's Birthday

Collective Meditation with Dawnfire

- 5—6am @ Amphitheatre
 - Entrance from the Second Banyan (Viewing Point) Gate only.
 - Open 4—5am and after 6am.
 - All are requested to come early and be seated by 4:50am.

Please note that during the meditation, from 5 to 6 am the gates will remain closed. Latecomers may join in after 6am. Access is limited to the Amphitheatre and up to 7am only.

Cellphones, Cameras, Tablets and other recording devices are not allowed in and around the Amphitheatre. All are requested to leave them at home or in their vehicle. Those in possession of such items will have to deposit them at the 'Custody Facility' outside the Park of Unity. Matrimandir Management will try to take utmost care of these items, but will not be responsible for theft or existing damage of items deposited at the "Custody Facility".

Your goodwill and cooperation are essential to maintain an atmosphere of peace and silence all through the meditation. Volunteers will be on duty to guide and assist.

Please do not bring your pet to the meditation.

Evening Program: Collective Chanting of Aum

- 5:30—6pm @ Amphitheatre

Collective Chanting of Aum—an offering by the school children of Auroville and the outreach schools.

All are welcome to participate.

- Entrance from the Office Gate at 5:15pm.
- Guests are requested to carry their Aurocard with them.
- Last entry for guests at 5:20pm.

Bonne Fête to all!

Antoine for Matrimandir Executives Team

MATRIMANDIR NEWSLETTER

February 2026



February 2026

- E-versions:
[Please read newsletter here](#)
- Paper version:
Newsletter was along with the previous issue of N&N (#1118).

John for Matrimandir

MATRIMANDIR ACCESS INFORMATION

Access to the Park of Unity

- The Matrimandir, the Petals, the Lotus Pond and the Banyan Tree are areas of silence.
- The Park of Unity is open to Aurovilians and registered Newcomers daily, 6am—7:30pm.
- Aurovilians may bring close family and friends (maximum 3) to the Gardens only daily, 9am—3:30pm.
- Aurovilians bringing children under the age of 10 to visit the Gardens may do so only after 11.30am except Tuesday when they can come from 9am—11am.
- Aurovilians wishing to bring close family to the Gardens at any other time should inform
 - mmconcentration@auroville.org.in before 11am on the day of the proposed visit.
- Registered Volunteers and Donors require a pass to enter the Park of Unity. Timings will be indicated on the pass.
- Published events in the Park of Unity are open to Aurovilians, Registered Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.
- Savitri Readings on Tuesday evenings: Guests holding only Aurocards wishing to attend should book by filling in the form at <https://bit.ly/savitri-reading> one or two days in advance.
- Visits to the Park of Unity and Inner Chamber should not be included in the program of any conference or workshop. Participants should be directed to the Viewing Point.

Access to the Inner Chamber of the Matrimandir for Aurovilians, Newcomers and registered Volunteers

The Matrimandir is a place for silent individual concentration. The Inner Chamber is open to Aurovilians and registered Newcomers:

- Monday—Saturday, 6—8am, 4:30—7:30pm.
- Sunday, 6am—12pm, 4:30—7:30pm.

The Inner Chamber is open to registered Volunteers:

- Every day, 4:30—6pm.
- Volunteers are requested to come and get their revised passes between 10—10:30 am from the Matrimandir office.
- It is obligatory for the volunteers and pass holders to carry the pass with them.

The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 3 close family members and friends no more than once in two weeks, with booking 3 to 5 days in advance to mmconcentration@auroville.org.in.

- Any day except Tuesday & Sunday, 8—8:25am.
- Arrival at 7:45am at the Office Gate

The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:

- Tuesday 9—11am.

Auroville units can bring their staff to the Inner Chamber with a prior booking to mmconcentration@auroville.org.in.

- Tuesday 8—8:30am.

Petals of the Matrimandir

The Petals are open to Aurovilians, registered Newcomers and Pass holders:

- Daily 7—8am, 5—6pm.

Access to Matrimandir for Visitors and Guests

Matrimandir Viewing Point:

The Viewing Point is open to the general public on presentation of a Pass. Visits to the Matrimandir Viewing Point are free of charge. Free pass can be obtained at the Auroville Visitors Centre. The Viewing Point lies south of the Park of Unity and offers visitors a panoramic view of the Matrimandir and the Gardens and the Lake.

- Starting from Visitors Centre. Daily, 9am—5:30pm.

The Inner Chamber of the Matrimandir is open to Visitors and Guests by prior booking only. Visitors and Guests seeking to concentrate in the Inner Chamber are requested to inquire at the Information Desk of the Visitors Centre after first visiting the Viewing Point, or to go to the website: auroville.org.

- Prior booking is required to access the Inner Chamber at least one or two days in advance. Bookings for concentration are given for the following or the first free day as per availability and are accepted only up to one week in advance. Minimum age 10 years.
- The Petals are open to Visitors on the morning of their Inner Chamber visit.

Security

Please note that it is not permitted to

- Swim in any of the ponds, the channel and the Lake except the Children's ponds in the Garden of Youthfulness
- Throw pebbles into the ponds and fountains
- Pick flowers in the Gardens
- Climb to the very top of the Petals.

Parents, please supervise your children at all times.

Bags, cameras and cell phones should be left in the lockers or the Access office.

Please no photography, videos or drones without prior permission. For permission, please write to

- matrimandir@auroville.org.in.

Antoine for Matrimandir Executives Team

AMPHITHEATRE

Meditations at sunset with Savitri

5:30—6pm, every **Thursday**, weather permitting

Savitri, Sri Aurobindo's long mantric poem, read by Mother to Sunil's music is on weekly for everyone to concentrate, in this beautiful open space in the very center of Auroville.



- **Reminder to all:** The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not use cameras, i-pads, cell phones, etc. No photos.
- **Guests with Auocard** wishing to attend must book by filling in the form at <https://bit.ly/savitri-reading> one or two days in advance. Please bring your Auocard with you.
- **Access by Office Gate for the Amphitheater only** from 5:15pm. Guests are requested to bring along their Auorocards. **Last entry for guests at 5:30pm.** Access limited for guests to the Amphitheatre
- **Last exit for guests at 6:15pm.**

Velmurugan for Access team

Awakening Spirit

BHARAT NIVAS PROGRAM

A weekly study circle on

The Synthesis of Yoga

- Sri Aurobindo



By **Deepti Tewari**

4:30 pm - 5:30 pm

Every Tuesday

Venue :

Resource Library,
Bharat Nivas, Auroville



BHARAT NIVAS

Scan for Location



Monisha

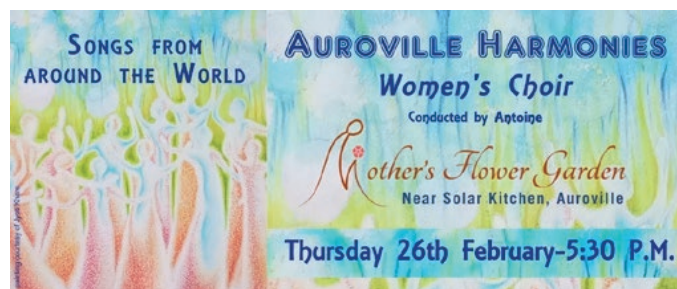
THE MOTHER'S FLOWER GARDEN EVENT SERIES

Near Solar Kitchen

Seeking for support only in the Divine

• Thursday, 26 February

- **5pm:** Auroville Harmonies: Women's choir conducted by Antoine: Songs from Around the World



• Friday, 27 February

- **5pm:** Bhakti Arghya: An offering of devotional songs by a group of singers from Sri Aurobindo Ashram.



• Saturday, 28 February

- **9:30am:** Talk by Dr. Alok Pandey from the Sri Aurobindo Ashram: "Seeking for support only in the Divine."
- **5pm:** Sangeet Arpan by the Mother's Flower Garden team.



Flor for The Mother's Flower Garden Team

BLOOMO! A SOULFUL FLOWER CARD GAME



Saturday, 14 March, 4—5:15pm

@ The Mother's Flower Garden,
near Solar Kitchen

A soulful, collective experience sharing the spiritual significance of flowers. Enjoy a unique way to connect with nature while nurturing yourself.

Play groups hosts: Chitra (in Tamil) and Purvi (in English) and aiming for a group in French as well. [Join our WhatsApp group](#)

Purvi, Chitra



SAVITRI BHAVAN, MARCH 2026



Exhibitions

9am—5pm, Sunday closed

- **Meditations on Savitri:** A painting exhibition of 472 paintings created by the Mother with Huta from 1961—67 is on display in the picture gallery
- **A Bilingual Exhibition on 'Sri Aurobindo:** A life-sketch in photographs' with texts both in English and Tamil is displayed in the upper corridor
- **Glimpses of the Mother:** Photographs and texts in the Square Hall

Full Moon Gathering: Tuesday, 3 March, 7:15—8:15pm
in front of Sri Aurobindo's statue

Films: Mondays, 4pm

- **2 March: About Savitri—Book 1: The Book of Beginnings, Canto 3—The Yoga of the King: The Yoga of the Soul's Release, Part 2—**read and commented by The Mother. From January 1968 to August 1970, The Mother, together with Huta, took up the project *About Savitri*. The Mother read lines from Sri Aurobindo's epic poem *Savitri* and gave her commentaries that were tape-recorded. Her reading of *Savitri* and commentaries are here under the headings: *Progress of Man Towards Divine Superhumanity, The Divine Successor of Man, Workings of the New Consciousness, The New Life, and The Present Life*. The texts of *Savitri* and of The Mother's commentaries are displayed on the screen.

Earlier, The Mother expressed her wish to explain *Savitri*. She said: "Savitri is occult knowledge and spiritual experience. Some part of it can be understood mentally—but much of it needs the same knowledge and experience for understanding it. Nobody here except myself can explain *Savitri*. One day I hope to explain it in its true sense."

The Mother commented to the present readings: "...the promised successor of man upon earth, [is] the being that will be to man what man is to the animal; the successor that humanity has hoped for, the expression of all the aspirations of humanity; a being that can grow out of suffering and limitations and unconsciousness, and can rise into Light and Knowledge and Power; the creature that will be the *raison d'être* of the creation, the legitimization of the creation...The senses will be transformed in such a way that they will live in harmony with the Supreme Consciousness and all this constant suffering, disharmony, unpleasantness, inharmonious feeling that are there now in life will be replaced by a constant harmony and expression of the Higher Life."

The New Consciousness is already on earth and is working in all those who are receptive and ready to listen. If man were content to be divinised, man's life would change tremendously. Sri Aurobindo described this in *Savitri*:

The inner planes uncovered their crystal doors; / Strange powers and influences touched his life. / A vision came of higher realms than ours, / A consciousness of brighter fields and skies... / Acts vibrant with a superhuman light / And movements pushed by a superconscious force, / And joys that never flowed through mortal limbs, / And lovelier scenes than earth's and happier lives. / A consciousness of beauty and of bliss, / A knowledge which became what it perceived, / Replaced the separated sense and heart / And drew all Nature into its embrace. / (Savitri, p.28)

Each of the five small videos under different headings—compiled into one film—ends with the picture of The Mother and Sri Aurobindo with a zoom-in effect. Their coming closer allows us to open our psychic and receive their support and blessings. It also helps us to live from within and with the inner Divinity. *Duration: 36min.*

All videos of "About Savitri—The Mother's Commentary" are available at the AuroMaa website: <https://auromaa.org/about-savitri-the-mothers-commentary/>

The website also provides a link to every video of the series available on YouTube.

[About Savitri: The Mother's Commentary | B1C3-05 Progress of Man Towards Divine Superhumanity](#)

- **9 March: About Savitri—Book 1: The Book of Beginnings, Canto 3—The Yoga of the King: The Yoga of the Soul's Release, Part 3—**read and commented by The Mother. The Mother read lines from *Savitri* and commented on them. They are here under the headings: *The New Sense, Towards Unity with God, and The Soul as Witness and King*. The texts of *Savitri* and of The Mother's commentaries are displayed on the screen. *Duration: 29min.*
- **16 March: The Traveller and The Worlds, Part One of Sri Aurobindo's Savitri.** In this lecture Shraddhavan considers three main points:
 - 1. The Traveller, Aswapati—who is he?
 - 2. A brief look at the Worlds through which he passes on his quest.
 - 3. The significance of this journey in his unique poetic masterwork.

Duration: 63min.

- **23 March: The Mother's first meeting with Sri Aurobindo 29 March 1914.** A documentary about Mother's staying in Pondicherry from 1914-1915 and her everyday meeting with Sri Aurobindo. A film by Gopal Chandra Mahana and Arvind T Akki. *Duration: 23min.*

Followed by **Anandamayi Chaitanyamayi Satyamayi Parame**, film about the mantra given and written by Sri Aurobindo, sang by Sadhaks, music by Sunil-da, edited by Arvind T Akki and produced by Dept of Physical Education, Sri Aurobindo Ashram. *Duration: 12min.*

- **30 March: Sri Aurobindo's Uttarpara Speech.** In his speech at Uttarpara in Bengal in 1909, Sri Aurobindo spoke about the Sanatan Dharma as the universal and eternal truth. The text by Sri Aurobindo is read by Angad, a production of Savitri Bhavan with subtitles. *Duration: 33min.*

Dream Divine Series

- **Fridays, 4—5pm**
@ Sangam Hall of Savitri Bhavan
Everyone is welcome

This initiative is designed especially for newcomers, aiming to provide a deeper understanding of the Aims and Ideals of Auroville, the Life and Works of Sri Aurobindo and the Mother, and the principles of Integral Yoga. The series will feature interviews, lectures, and presentations by Aurovilians and Ashramites through video documentaries and live talks followed by interactive Q&A sessions. A wide range of topics will cover the richness and diversity of Auroville's vision, life, and reality.

- **27 February: Insights into Integral Yoga—II** by Ela
- **6 March: Serving the Construction of Matrimandir.** A talk by Gloria—a senior Aurovillian
- **13 March: On the Importance and role of Music in Spiritual life—a power point presentation** by Nethya
- **20 March: Auroville 36 years of Research—a video**
- **27 March: Four Aspects of The Mother—a video** by Audio-visual Department of Ashram



Savitri Satsang with Narad @ Savitri Bhavan

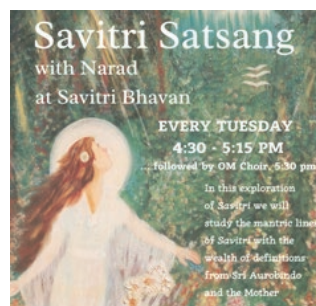
- Every Tuesday, 4:30—5:15pm followed by OM Choir, 5:30pm

In this exploration of Savitri we will study the mantric lines of Savitri with the wealth of definitions from Sri Aurobindo and the Mother.

The Mother's words on Savitri: "Savitri, the Supreme revelation of Sri Aurobindo's vision."

"... Savitri, that marvellous prophetic poem which will be humanity's guide towards its future realisation."

"... all the rest is preparation, while Savitri is the Message."

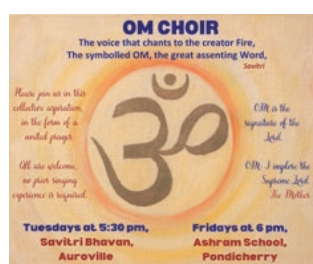


OM Choir

- Fridays, 6pm @ Ashram School, Pondicherry
- Tuesdays, 5:30pm @ Savitri Bhavan, Auroville

The voice that chants to the creator Fire,
The symbolled OM,
the great assenting Word.
Savitri

Please join us in this collective aspiration, in the form of a united prayer. All are welcome, no prior singing experience required.



OM is the signature of the Lord.

OM: I implore the Supreme Lord.

Listening into Presence

- Every Wednesday, 5—6pm @ Picture Gallery
- Every Saturday, 4—5pm @ Square Hall
- Guided by Misha (Mike).

Through stillness and silence, we will tune into the Presence, noticing its activity in our physical and subtle bodies.

Letting go of our mind and ego automatism we will open up into the deeper automatism that is beyond our doing and thinking. We will seek to enter into a state of receptivity by not doing, getting ourselves out of the way to allow the Consciousness to bring about the right organization and balance of particles and energies.



Talks of Dr. Alok Pandey on Sri Aurobindo's Essays on The Gita

Wednesdays, 4—5pm @ Sangam Hall

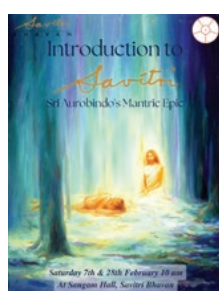
- 4 & 18 March
- 1 & 15 April
- 6 May



An Introduction to Savitri: Discovering Sri Aurobindo's Mantric Epic

What is Savitri and why is it so significant? What can it offer us? How can it help us in our lives? How do we begin reading it?

In this accessible introduction we will discover why the Mother called Savitri "the supreme revelation of Sri Aurobindo's vision." We will also explore the Meditations on Savitri exhibition and share some practical tools to continue the journey.



"My child, yes, everything is there: mysticism, occultism, philosophy, the history of evolution, the history of man, of the gods, of creation, of Nature; how the universe was created, why, for what purpose, what destiny—all is there. You can find there all the answers to all your questions. Everything is explained, even the future of man and of the evolution, all that nobody yet knows. He has expressed them in beautiful and clear words so that spiritual adventurers who wish to solve the mysteries of the world may understand it more easily." The Mother

- Saturdays, 7 and 28 February, 10am—12pm, (can attend either one)

Cost: You are free to contribute as much as you feel. Please share with anyone who might be interested.

Exploring the Frontiers of Consciousness: Savitri as a Resource for Scientific and Metaphysical Research

Savitri Bhavan, Auroville, invites scientists, philosophers, and researchers worldwide to an online contemplative study of Sri Aurobindo's Savitri. This epic poem offers deep insights into consciousness, evolution, space, and time, calling for exploration not only in literature but in science and metaphysics.

The program began on 15 August 2025, focusing on selected cantos from Part One of Savitri. Bi-weekly sessions will combine guided reflections (via Shraddhavan's recorded talks) with interactive discussions. Participants can choose to contribute actively or simply listen.

Fields invited include Space Science, Evolutionary Research, Quantum Physics, Mathematics, Metaphysics, Neuroscience, and Philosophy.

To register or learn more: savitribhavan@auroville.org.in

- www.savitribhavan.org

Guided Yoga Nidra sessions

- Every Tuesday, 11am—12noon @ Sangam Hall

You are warmly invited to a guided Yoga Nidra session, infused with the wisdom of The Mother and Sri Aurobindo and accompanied by a deeply restorative sound journey.

This is a sacred space for deep inner rest, alignment and receptivity. As part of the practice, we invite you to prepare a Sankalpa—a short, positive sentence that serves as a crystallization of your spiritual aspiration. Please arrive a few minutes early. This allows us to honour the stillness and depth of the practice together.

Things to bring: A yoga mat if can or cushions are available to lie down. Conducted by Sunny and Team

Invitation: A poetic stillpoint...

- @ Savitri Bhavan Garden, open 9—5pm.

Inspired by Sri Aurobindo's poem "Invitation," written in 1908–09 in the Alipore prison, Poetry By Design invites you to stroll, pause, recite, read, linger, sketch—or simply BE.

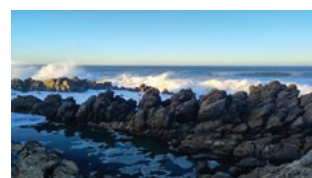
Located in the Savitri Bhavan Garden, open from 9—5pm. Jute mats and a granite bench are available for seating. chetana@auroville.org.in



Reading on Nature

Animal and Plant Kingdom from the Mother and Sri Aurobindo's writings with Aikya. Open group, eventually followed by small discussion/sharing

- Wednesdays, 10:30—11:30am, @ Savitri Bhavan Library area



Light and Delight

• Thursdays 5—6:15pm @ Savitri Bhavan



Thursday is symbolically an auspicious day for learning and for welcoming the light of knowledge and wisdom.

The Mother called Savitri "the supreme revelation of Sri Aurobindo's vision". She painted lines from this epic poem along with Huta, a sadhak from the Sri Aurobindo Ashram. Through this art and poetry, we will create an atmosphere of light and delight in which we can find and share our own expressions.

We welcome you to join this artistic and poetic journey; the only requirement is a willingness to explore, discover and express the gifts already in you.

Gentle reminders: Bring paper and pen, Come on time or 5-10 minutes earlier, Meet at Sri Aurobindo's statue, Voluntary contribution to the venue.

Anandi Z.

Regular Activities

- **Sundays, 10:30—12noon:** Savitri Study Circle led by Larry Seidlitz
- **Mondays, 3—4pm:** Finding the soul (Book 7 Canto 5 of Savitri) led by Dr. Jai Singh
- **Mondays to Saturdays, 3—5pm:** L'Agenda de Mère: listening to recordings with Gangalakshmi
- **Tuesdays, 11am—12noon:** Guided Yoga Nidra session led by Sunny
- **Tuesdays, 3—4pm:** Readings of the words of The Mother on Aims and Ideals of Auroville led by Dr. Jai Singh
- **Tuesdays, 4:30—5:15pm:** Savitri Satsang led by Narad
- **Tuesdays, 5:30—6:15pm:** OM Choir led by Narad
- **Wednesdays, 10:30—11:30am:** Reading on 'Nature' with Aikya
- **Wednesdays, 5—6pm & Saturdays, 4—5pm:** Listening into Presence led by Misha (Mike)
- **Thursdays, 4—5pm:** Videos of The English of Savitri led by Shraddhavan
- **Thursdays, 4—5:30pm:** Reading Savitri in Russian with Anatoli
- **Fridays, 3—4pm:** Reflections on Sri Aurobindo's Isha Upanishad led by Dr. Jai Singh
- **Saturdays, 5—6:30pm:** Satsang led by Ashesh Joshi
- **Exhibitions, Main Building and Office** are open Monday to Saturday 9am—5pm
- **Library and Digital Library** is open Monday to Friday 9am—5pm.

Margrit, Velmurugan
& Dhanalakshmi
for Savitri Bhavan

LEARN THE 1008 NAMAS

(Sacred Names)
of the "Divine Mother"

Thursdays, 6—6:30pm @ Buvana's house, Certitude

Dear Devotees of The Mother, Here is an opportunity to learn the 1008 namas (sacred names) of the "Divine Mother", "Sri Lalitha Sahasranamam" weekly on Thursday evenings from 6pm to 6:30pm at Buvana's house in Certitude Community.

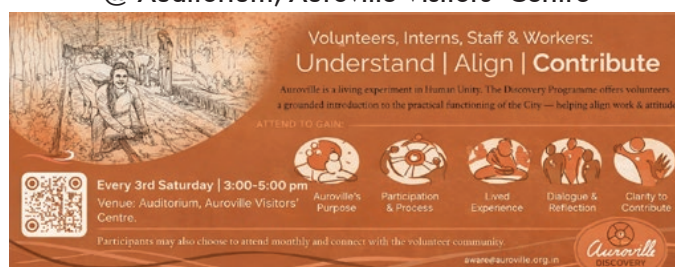
- Please contact Buvana 9443703287

Submitted by Grace

AUROVILLE DISCOVERY PROGRAM

Every 3rd Saturday 3—5pm

@ Auditorium, Auroville Visitors' Centre



Auroville is a living experiment in Human Unity.

The Discovery Programme offers volunteers a grounded introduction to the practical functioning of the City—helping align work & attitude.

Attend to Gain:

- Auroville's Purpose; Participation & Process
- Lived Experience; Dialogue & Reflection
- Clarity to Contribute

Participants may also choose to attend monthly and connect with the volunteer community.

Registration required: Scan the Qr code on the poster or [click on the link to register](#).

For more information: aware@auroville.org.in.

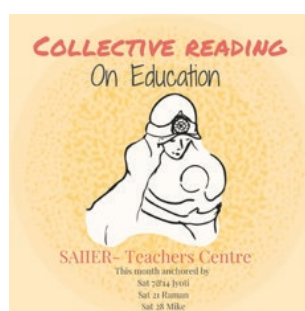
Lakshay

COLLECTIVE READING ON EDUCATION

Every Saturday, 2:25—4pm

@ Teachers Centre

(in Town Hall admin area)



Since November SAIER has been holding sessions for collective explorations of the works of Mother & Sri Aurobindo.

In February we will begin to read the chapter

Psychic and Spiritual Education by The Mother.

If you have a copy of the book, you can bring it along.

All are welcome

teacherscenter@auroville.org.in,
Nilima

BHAGAVAD GITA CHANTING

- Every Sunday morning, 7—8am
- @ The Mother's Flower Garden

All are welcome to join the Bhagavad Gita Chanting sessions

For queries: vidyamandir@auroville.org.in



Deven

for Vidyamandir Auroville Team



Lands for Auroville

ACRES FOR AUROVILLE LAND CAMPAIGN

21—28 February 2026

The Mother's & Auroville's Birthday week



"Integral harmony: harmony between things, harmony between people, harmony of circumstances and above all harmony of all aspiration directed towards the Supreme Truth."

The Mother



People come from everywhere to be in Auroville—a place created to manifest the ideal of human unity. However, the unity we all seek is not automatic, and is often hard-won. Each of us is meant to be a unique manifestation of the One, meaning we are all different and experience things differently. Plus inside us are layers of consciousness to discover and live, and unconsciousness to resolve. So we don't always have unity and harmony even within ourselves. Yet, there are times (as in the New Year's photo above) when we achieve a deep, uplifting oneness and harmony within us and all together.

Here are some of The Mother's instructive messages and guidelines on the harmony that leads to unity:

"There is a deep and true consciousness in which all can meet in love and harmony"... "Good will for all and good will from all is the basis of peace and harmony."

Surely we must always want peace and harmony and work for it as much as we can—but for that, the best field of action is always within ourselves... *"Look for the inner causes of disharmony much more than the outer ones. It is the inside which governs the outside."*

"Each one must rise to the summit of his consciousness: it is on the heights that harmony is created." "You must rise so high in your consciousness that it dominates the opposition. This is the solution."

"Harmony: let us strive that the day may come when this will be the means and the end!"

Auroville is a field for this aspiration for unity and harmony... and as much as Auroville can realize this high, difficult goal, Auroville—as the City of Dawn—will be an example and a benediction for the world!

This is A4A's 12th year of raising the funds needed to complete the designated physical base for Auroville and to safeguard the spiritual atmosphere of the Matrimandir.

Join us to bring in the resources that Auroville needs to protect its body and its future!

- Donating & Tax Deductibility information: <https://land.auroville.org/new-banking-information/>
- News, videos, and land information: www.land.auroville.org
- Contact: lfau@auroville.org.in
- Photo: Tine; Quotes: [Collected from here](#)

LANDS FOR AUROVILLE UNIFIED (LFAU)

28 February 1968—28 February 2026

58 years ago, Auroville commenced her journey. But the idea, the formation of "an ideal city" was in the background for much of the Mother's life. As early as in the 1930s, when Sri Aurobindo was physically present—and even before that, even before she came to India and met Sri Aurobindo—she hoped to found a new city, as can be ascertained from the following extract from her conversation with a close disciple in 1965:



The Mother: "For a long time, I had had a plan of the 'ideal city' but that was during Sri Aurobindo's lifetime, with Sri Aurobindo living at its center. Afterwards ... I was no longer interested. Then, we took up the idea of Auroville again (I was the one who called it "Auroville"), but from the other end: instead of the formation having to find the place, it was the place (near the Ousteri Lake) that caused the formation to be born; and up to now I took a very secondary interest in it because I hadn't received anything direct.

Then that little H. took it into her head to have a house there, near the Lake, and have a house for me next to hers to offer me. And she wrote to me all her dreams; one or two sentences suddenly awakened an old, old memory of something that had tried to manifest—a creation—when I was very small (I don't remember what age), and that had again tried to manifest at the very beginning of the century when I was with Théon. Then I had forgotten all about it.

And it came back with that letter: suddenly I had my plan of Auroville." (Mother's Agenda, 23 June 1965)

In context of our work at Acres for Auroville, the striking point in the above extract is that it was "the place", the availability of land and the possibility to develop it "that caused the formation to be born". In other words, it was the Matter which REVIVED the idea, the aspiration, the vision, the dream. This could well be an example that Matter and the Spirit are not two different phenomena, as was believed by many earlier seekers. It is a single reality.

A question was put to the Mother: "How dependent is the building of Auroville upon man's acceptance of Spirituality?" She replied:

"The opposition between spirituality and material life, the division between the two has no sense for me as, in truth, life and the spirit are one and it is in and by the physical work that the highest Spirit must be manifested."

(19 April 1968)

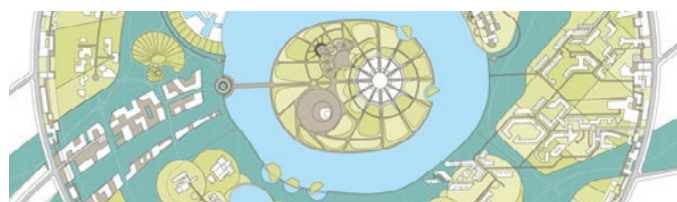
From this perspective, 'Acres for Auroville' is not just about land consolidation: it is an actual cradle for the consolidation of consciousness and the "highest Spirit" in the material substance of Auroville.

*With trust in Auroville's bright future,
Aryadeep, Mandakini*

Please specify your donations for "Acres for Auroville" via check, bank transfer or online:

- Donating & Tax Deductibility information: <https://land.auroville.org/new-banking-information/>
- News, videos, and land information: www.land.auroville.org
- Contact: lfau@auroville.org.in

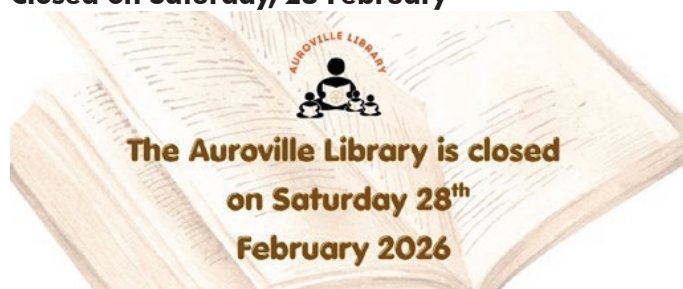
Auroville Centre for Urban Research,
Administrative Area, Auroville—605101,
Tamil Nadu, India



Books

AUROVILLE LIBRARY

Closed on Saturday, 28 February



Weekly Readings of *The Life Divine*



Weekly Readings of *The Life Divine*
with Balvinder, at AUROVILLE LIBRARY

Fridays, 4:30 - 5:30pm
(from 23 January 2026)

All are welcome.

The Library Free Shelf is up and running!

The AV Library has set up a shelf of free books (formerly at the Freestore) for anyone to take and enjoy. It is outside the main library and anyone is welcome to take or drop off books or magazines at their convenience.

We kindly request you to only bring publications in decent condition, and NO waste paper.

Please note that this service is only available during library working hours from

- 9am—4:30pm, Monday—Saturday, except on Tuesday, when we are open in the evenings from 4—6:30pm.

Come visit us! The AV Library is a treasure trove of amazing books.

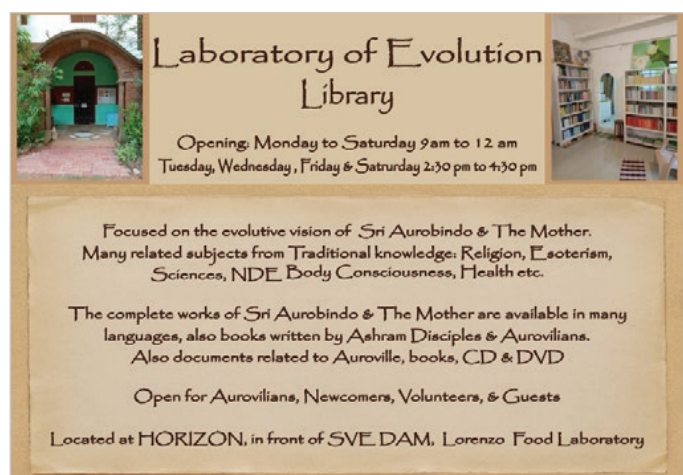
Contacts:

- 0413 262 2894, avlib@auroville.org.in
- <http://library.auroville.org.in/>

Opening timings

- Mornings: Monday—Saturday, 9am—12:30pm
- Afternoons:
 - Monday, Wednesday, Thursday, Friday & Saturday: 2—4:30pm
 - Tuesday: 4—6:30pm

Ayesha for Auroville Library team



Education

CALL FOR PROPOSALS—SAIER

Every year SAIER receives a small grant from the Government of India for supporting innovative programs in the fields of education and/or culture.

SAIER is accepting project proposals for 2026—27 in three categories: **Research, Activities, Publications**

Project funds can support human resources and/or materials for the project. Please note that projects are intended to be of limited duration, instead of recurring yearly activities.

We are setting a deadline of 5 March 2026 for the first round of project proposals.

- Please feel free to contact saiier@auroville.org.in for proposal forms.

The SAIER team,
from Mass Bulletin

CORPORATE SUSTAINABILITY & UI/UX DESIGN

@ Yuvabe Education's Bridge Program

3-Month Courses

We're excited to announce two new opportunities for young adults in the Auroville Bioregion! Yuvabe Education's Bridge Program is launching two completely free 3-Month Courses, starting September 2026:

- **Corporate Sustainability**—Gain in-depth knowledge in climate action, ESG, circular economy, and corporate responsibility. Work on hands-on projects and learn from sustainability experts.
- **UI/UX Design**—Learn design principles, wireframing, and prototyping. Build practical skills through projects and create a portfolio to showcase your abilities.

Both programs are completely free for students and designed to prepare participants for meaningful careers. Top performers may also be eligible for internships with Yuvabe.

- [Apply now](#)

Course details:

- Course fee: Free
- Course launch: September 2026, duration 3 months
- Venue: In-person at Saracon, near Svaram, Auroville

For more details:

Flyer: [Flyer link](#)

Visit Website: <https://www.yuvabe.com/bridge-program>

Contact Us: 9677604467, bridge@yuvabe.com

We look forward to connecting with you!

Follow us on social media:

Instagram: <https://www.instagram.com/yuvabe.auroville/>

Facebook: <https://www.facebook.com/yuvabe.auroville>

Linkedin: <https://www.linkedin.com/company/yuvabe/>

Youtube: <https://www.youtube.com/@yuvabe.auroville/>

Abilash

SATORI: EDUCATIONAL SERVICES

- Physics and Chemistry CBSE grades 11—12;
- Edexcel IGCSE and International Advanced Levels (grades 9—12).
- Mathematics 7—8 grades as preparation to high school science.
- Exam preparation through knowledge and understanding.

Sergei, 9442934078,
satori.auroville@gmail.com

3D DESIGN COURSE using Autodesk Fusion 360 @ Yuvabe Education's Bridge Program 3-Month Course

Kickstart Your Journey In
3D Design With
Autodesk Fusion 360

Now available at
100% Free

Why choose us?

- ✓ Learn from Industry Experts
- ✓ In-person sessions from 9 am to 5 pm
- ✓ Enhance your access to Job and Internship opportunities
- ✓ Certificate on Course Completion



We're excited to announce a new learning opportunity for the Auroville bioregion!

Yuvabe Education's Bridge Program is launching a 3-Month 3D Design Course using Autodesk Fusion 360, starting March 2026 (applications open until 3 March, 2026).

This intensive course is ideal for creative young adults who want to learn computer-aided design, product innovation, and 3D modeling. Participants will gain industry-relevant skills, build portfolio-worthy projects, and receive mentorship from professional designers and engineers.

Build, Design & Innovate for Tomorrow!

If you or someone you know is curious about the future of design and technology, we'd love to connect.

- [Register Here](#)
- [Flyer link](#)

Let's turn your passion into a career!

Other Details:

- Course fee: Completely free
- Course begins on: March 2026
- Time: 9am—5pm
- Venue: Yuvabe, Saracon Campus, Auroville (offline mode)

For further information:

- Contact: 9677604467, bridge@yuvabe.com
- <https://www.yuvabeeducation.com/bridge/3d-design>

Follow Yuvabe Education:

Instagram: <https://www.instagram.com/yuvabe.auroville/>
Facebook: <https://www.facebook.com/yuvabe.auroville>
Linkedin: <https://www.linkedin.com/company/yuvabe/>
Youtube: <https://www.youtube.com/@yuvabe.auroville/>

Abilash

KUILAI CREATIVE CENTRE Regular Activities (A unit of SAIER)

- Tuition from 1st to 9th grade
- Silambam—Martial Art Programme
- Bharat Naattiyam—Classical Dance Activities
- Hip-Hop
- Physical Fitness Activities
- Summer Camp in May
- Art & Craft
- Children's Play Park with Swings, Calisthenics set, and a Slide.
- Make and Take on Mother's 12 Quality Programme (Art & Craft, Book Making, Embroidery, Gardening, Painting, Calendar Making and Tailoring Activities).

Please contact us to inquire about the class timings.

- kulaicreativecentre@auroville.org.in
- +91 8608473385 WA

Selva from KCC



PROBLEM TO PITCH

A 5-day immersive advanced design workshop
9—13 March, 8am—5pm
@ Yuvabe Campus, Auroville

PROBLEM TO PITCH
A 5-Day Immersive Advanced Design Workshop in Auroville


Supriya Patil
System Designer, Chargebee


Vinoth Raja
Senior UX Researcher, Cisco


Ganesh
Senior UX Designer, Incoda


Chirag
Design Strategist & Enterprise UX Practitioner, CERE

Learn. Design. Validate. Pitch.

9-13 March 2026
8:00 AM – 5:00 PM
Yuvabe Campus, Auroville

Yuvabe Education
A social initiative by Yuvabe



Yuvabe Education is pleased to announce Problem to Pitch, a five-day immersive Advanced UI/UX Design Workshop designed to help participants translate design theory into real-world application.

This intensive programme guides participants through the complete design process—from understanding user contexts and defining meaningful problem statements to validating concepts and delivering structured solution pitches. The workshop emphasises real users, real challenges, and practical outcomes. [Flyer Link](#)

Participants will engage in:

- Design Thinking Sprint
- Problem Framing and Research Planning
- User Interaction and Concept Testing
- Insight Synthesis and Ideation
- Solution Framing and Project Pitch Preparation

Fee Structure:

- **Standard:** Students Rs.7,000 | Professionals Rs.8,000
- **Group Discount (3 participants):** Students Rs.4,500 | Professionals Rs.5,500
- **Early Bird (valid until 20 February 2026):** Students Rs.5,500 | Professionals Rs.6,500

Seats are limited to ensure a highly interactive learning experience. A certificate will be provided upon completion.

- [Register here](#)

For further information:

- 9677604467, bridge@yuvabe.com, [Website](#) Abilash

ILAINARKAL EDUCATION CENTRE

Month long celebration schedule, February

Date, Time	Venue	Event
26 February—6 March Thursday—Friday 9:30am—5pm	Ilaingnarkal Education Centre	Exhibition on the History of Ilaingnarkal Education Centre 50 years. (1976-2026)—Research publications and educational materials created
27 February Friday 10—11:30am	Ilaingnarkal Education Centre	Body awareness program for children
28 February Saturday 4—5pm	Ilaingnarkal Education Centre	Auroville Birthday Celebration with IEC Dance learners/ Best Child and Child Artist/ Best Youth/ Best worker Awards conferring function.

Meenakshi for IEC

TUITION CLASSES AVAILABLE

- **Tuition classes** available from 1st to 12th grade level in all subjects.
- **Crash course** available for 10th and 12th grade level.
- **For further information** contact
 - ashree@auroville.org.in
 - 8270512606 WA only.

Ashwini

LILALOKA

"A place where play transforms, where joy opens the path."—Sri Aurobindo

Lilaloka is a recreational and resource center for children, dedicated to personal development through play and creativity. It offers both individual and group experiences in a non-competitive, non-judgmental atmosphere, fostering connection between schools, families, and children for their overall well-being.

"Each individual is a special manifestation in the universe; therefore, his true path has to be absolutely unique."

Lilaloka welcomes all children—Aurovilians, guests, home-schoolers, and those with behavioural, relational, or learning challenges. Activities include cooperative games, arts and crafts, nature exploration, storytelling, drama, and more.

Activities 2026

Lilaloka offers both **individual** and **group** sessions, guided by a team of facilitators specialized in various fields of child development.

Nesters

- **Once a week, age: 0—12 months, parents and babies together.**

A nurturing space supporting early bonding and holistic growth—focusing on trust, emotional well-being, and sensory connection between parent and child.

- **Two times per week (or as per group needs), age: 1—2 years old, with parents**

Sessions that support healthy attachment and conscious parenting, helping parents respond with empathy, presence, and understanding.

Infants' Community

- **Daily mornings, age: 1½–3 years**

A warm, thoughtfully prepared environment inspired by Integral Education, Waldorf, and Montessori principles—encouraging independence, curiosity, and self-discovery through play, movement, and nature.

Free-Flow Mornings

- **Three times per week, open mornings to all children aged 5+**

Child-led learning through art, nature play, storytelling, science, and hands-on projects—encouraging curiosity, creativity, and a love for discovery beyond structured schooling.

Afternoon Activities

- **Twice per week, age: 3–6 years**

A holistic space fostering intellectual, emotional, physical, and spiritual growth through play and creative exploration.

- **Once per week, children 6–11 Years**

Focused on developing fine motor skills, creativity, and concentration through arts and crafts.

Occupational Therapy and Individual sessions

- **By appointment**

For both schooled and non-schooled children, in collaboration with parents and educators.

Research and Training

Lilaloka shares its experience through workshops and training programs for students, educators, and researchers—both from Auroville and around the world—with a special invitation to Indian education researchers.

For more information:

- lilaloka@auroville.org.in, 9655519546 WA

Ana, Ritam and Leela



AI CLASSES

FREE

AI CLASSES ARE BACK!

RESTARTING WITH FRESH ENERGY

Hive
COMMUNITY SPACE

Every Saturday: 10am to 11am

Location: Hive, Auromode

Registration:

RSVP to +91 98867 40850

Join us on this journey once again!

Topics:

- Prompt Engineering
- Generative AI (GenAI)
- AI Development
- Data Science

Are you looking to transform your future and career with AI? Come Join our Free AI Masterclass at Hive Co-working Space facilitated by S M Pandi Subramanian, founder of Enthiram.AI, with over 20 years of pioneering work in AI innovation and solutions.



Open for all, no prior experience needed.

- [Location](#)
- +91 9886740850,
auromodehive@auroville.org.in

Dhesh

LEARNING SPACE OPENS DOORS FOR KIDS

of guests, volunteers and newcomers

Aarambham Learning Space is open for children of guests, volunteers, and newcomers of Auroville. Learning Space is an initiative of SAIER, offering a space for orientation, integration, and exploration of Auroville before school enrollment. As well as preparation and adaptation of new students of age from 6 to 12 for the Integral Education model of Auroville schools.



A team of facilitators experienced in arts, personalized academic activities, physical education, awareness fostering is ready to receive new students.

Our additional weekly activities outside and inside of the campus will include visits to Matrimandir, units and communities of Auroville, classes of practical skills, story creation and forest exploration.

- Drop off time 8:15 to 8:45 am
- Pick up time 3:30 to 4:40 (by the age of students)
- Lunch and snacks are provided.
- We are able to host 10 to 20 students.
- Standard Auroville schools fees apply.

Aarambham located at the former TLC base camp, near Dehashakti, in the natural surroundings of Baraka forest.

Parents of students are welcome to participate in various ways.

- For admission/visit, please make an appointment at aarambham@auroville.org.in.

Alexey

AV PRE-CRÈCHE INITIATIVE

In the spirit of shared learning, care, and community, AV Pre-Crèche is happy to open its space to guests, volunteers, homeschooling Aurovilians, and Newcomers.

This initiative also creates a space for parents to meet, connect, and form supportive relationships, offering the sense of collective belonging.

We look forward to welcoming families into a space of care, exploration, and quiet joy.

- For details, please contact us avprecreche@auroville.org.in

If you need any clarification WA (text only):

- Suganya: +91 98431 16948
- Tham: +91 90476 63217

Nilima for Pre Creche



Health Care

HEALTH FUND REMINDER

Dear Health Fund Members, the end of the Financial year is approaching and like we do every year, we request you to please submit your **medical bills from April 2025 onwards**. If you have any laying around that is.



- We need them **before or on the 31 March 2026!** That is our last working day for the month of March.
- **Medical bills from March 2026** can be refunded in April 2026, but only the bills from March!

Please don't wait till the last day, and do us the courtesy of submitting them as soon as possible.

We would also like to request our members to please submit your medical bills in the month the treatment is received or medicines purchased, and latest in the first week of the next month.

- We will start this request from the 1 April 2026.
- We would like the **members who have long term/life time** medicine prescriptions to please submit us a copy or renew the prescription **every 6 months**.

In general a prescription should present when submitting medical/ medicine bills.

Stefan & Meenal for Auroville Health Fund

SANTÉ SERVICES SCHEDULE



Santé

Working Hours

- Monday—Saturday, 9—12:30pm & 2—4:30pm

Tests and Sample collection

- Monday—Friday, 8:30—12pm
- No sample collection on Saturday

For emergencies

- Auroville Ambulance 24/7: +91 9442224680
- Government Ambulance 24/7: 108

Appointment: Please call Santé on 0413 2622803 during working hours for an appointment

Santé Services Schedule

Doctor Consultation with Dr. Joseph, Dr. Pavan & Dr. Sana: Monday to Saturday	Nurse Care Thilagam, Ezhil, Archana & Sandhya Daily: no appointment needed
Ayurveda with Dr. Be: Monday/ Tuesday/ Wednesday/ Friday	Homeopathy with Michael: Monday/ Wednesday/ Saturday
Physiotherapy & Massage with Galina: Monday to Friday	Physiotherapy with Arun: Monday to Friday
Midwifery & GYN Care with Paula: Monday & Wednesday	Integrative Psychotherapy with Juan Andres: Monday to Friday
Holistic Therapy with Louis Patric—Monday to Friday	Soundbed Session with Sandhya/ Thilagam: Monday to Saturday
Bio-Well Assessment (Evaluation of your well-being) with Helena—inquiry email: adminSanté@auroville.org.in	Home Care Contact Santé for timings: Physiotherapy w/ Arun Doctor Consultation w/ Dr. Sana

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy. In case of cancellation or to reschedule, it is necessary to inform us in advance.

Dasha for Santé Services

MORNING STAR



Office Open House

- Every Saturday, 10am—12pm

We are happy to announce that the Morning Star office will now be open to the community for an Open House. You are welcome to drop in anytime during these hours to learn more about Morning Star's work, receive updates on the building progress, and book appointments to meet with the midwives during clinical days.

- The Morning Star office is located @ Arka Guest House (next to the reception).
- For more information, please visit: www.aurovillemorningstar.org.

Childbirth and Pregnancy education

Morning Star offers education to expectant parents about conscious pregnancy, childbirth and parenting. Classes are conducted

- In both English and Tamil
- Every Wednesday, 5—7pm
- @ Creativity—Hall of Light

Classes include gentle body movement, educational topics related to pregnancy including Birth plan, Birth without fear, Stages of labour, Partner role & comfort measures during labour, Breastfeeding, Father's role and Postnatal & newborn care.

We invite all expectant parents—Aurovilians, Newcomers, Volunteers, Staff and couples from the Bio region to join us. If you would like more information or to join the class, please contact Savithri

- +918940571774 WA or email us at morningstar@auroville.org.in

Savithri & Paula, +91 9130084284

VISIT OF TIBETAN DOCTOR

This is to your information, Tibetan Doctor is visiting us on:

- Thursday, 26 February, 8:30am—1pm & 2—5:30pm
- Friday, 27 February, 8:30am—1pm



To get your appointment:

- Call us 0413 2622401

The consultation is taken place in Pavilion of Tibetan Culture, International Zone.

- We request everyone to get an appointment. *Kalsang*

AUROKIYA INTEGRAL

Eye Centre

Eye Care Services @ Arka

Aurokiya provides a range of eye care services for Auroville and the bioregion. **Available services:**

- Primary & emergency eye care,
- Spectacles & contact lenses,
- Eye Yoga & Vision Therapy,
- Workplace & community outreach eye camps,
- Support for visits to Aravind Eye Hospital



New services:

- Retina imaging,
- Intraocular pressure (glaucoma) monitoring,
- Red Light Therapy for eyes,
- Dry Eye Therapy

Timings: 9am—5:30pm, **Contact:** 9488005685

Aurosugan for Aurokiya

AURODENT CLINIC

Implant Specialist Available at Aurodent



Dr. Aravind Anto
(Oral and Maxillofacial Surgeon)

Our Treatments

We are a gentle and modern dental clinic based in Auroville, committed to providing high-quality dental care in a calm and welcoming environment.

- Dental Check-ups
- Teeth Cleaning
- Cavity filling
- Extractions & Surgical Procedures
- Root Canal Treatment (RCT) & Re-RCT
- Crowns & Bridges (Zirconia)
- Dentures (Flexible & Cast Partial)
- Veneers
- Night Guards
- Invisible Aligners

For Appointment
9629199328 0413-2622063
aurodent@auroville.org.in

We are pleased to inform you that Dr Aravind Anto (MDS—Oral and Maxillofacial Surgeon) will now be available at Aurodent Clinic. He will be providing specialised treatments, including:

- Dental implant placement
- Wisdom tooth extractions
- Other complex extractions

Appointments can be booked directly at Aurodent Clinic.

For appointment:

- +91 9629199328 WA,
- 0413 2622063 landline
- aurodent@auroville.org.in

Working Hours:

- Monday to Friday:
9am—5:30pm
- Saturday: 9am—1pm
- @ Auromode

Jayasutha for Aurodent

MAATRAM

Maatram offers OCH

Open Consultation Hour

- Monday—Friday, 9:30—10am

Addiction Recovery sessions

- Every Tuesday, 3:30—4:30pm
- @ Maatram, 1st floor, Arka

In addition to our Regular Therapy Sessions, we are adding another weekly walk-in session on Addiction Recovery. These sessions are suitable for any kind of addiction including addiction to substances such as

- alcohol, cigarettes, tobacco, marijuana, coffee, sweets
- and addictive behaviours related to use of: smart phones, social media, video games, eating, porn and gambling.

Megha, Raam & Palani

ALCOHOLICS ANONYMOUS

Saturdays, 6pm

@ Center Guesthouse

Alcoholics Anonymous

Meeting (open)
every Saturday, 6 pm

Center Guesthouse

Merrim Hill Center

welcome

(Contact: Shankar +91 9442010573 or
Ingrid +91 9443843976)



Ingrid T.

International

UNITY PAVILION PRESENTS

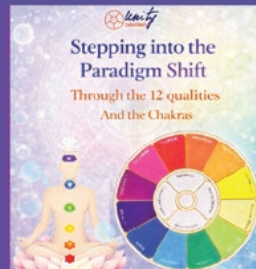
Unity Pavilion Events

Date	Time	Event Details
15 February—30 March	9—5pm	Exhibition—The golden Light: A Collective Artistic Tribute to the Sunlit Path for the Mother's and Auroville's Birthdays Featuring artworks of: Dilip Patel, Marie-Claire Barsotti, Mayaura, Ok Upcycling, Pierre Legrand, Soham, Sonia Yeo, Uttama Dhandhanian, Tim Wrey, Vivechana
26 February, Thursday	9am—1pm	Embracing Prosperity— Moving towards prosperity and care for all is a base for harmony and well being.
	6—7:30pm	Interactive session on the New Paradigm—12 Qualities & chakras
27 February, Friday	9am—1pm	Cultivating Peace— Everyone needs to be needed and everyone needs to be useful. What are the means to build true Peace, inner and outer?
	6—7:30pm	Interactive session on the New Paradigm—12 Qualities & chakras
28 February, Saturday	9am—1pm	Progress: That's why we are here— Taking our learning from the three preceding days, how do we move forward: individually and collectively?
	6—7:30pm	Interactive session on the Circle of qualities

The Paradigm Shift

Stepping into the Paradigm Shift

Through the 12 qualities And the Chakras



21, 22, 23, 24, 26, 27, 28 Feb
6 pm to 7.30 pm



Scan to Register

Unity Pavilion, Auroville

9699930672 unitypavilion@auroville.org.in www.unitypavilion.in

Join us for a reflective and interactive exploration of The New Paradigm through The Mother's Symbol and the 12 Qualities and chakras—inner attitudes that support conscious growth, harmony, and collective evolution. These sessions invite participants to engage not only intellectually, but through experience, reflection, and shared inquiry, allowing the qualities to be felt, understood, and integrated into daily life.

Aurovilians, volunteers, guests, and visitors All are welcome.

- Register: 9699930672,
unitypavilion@auroville.org.in

Interactive Spiritual Sessions

- 25—28 February, 9am—1pm

INTERACTIVE SPIRITUAL SESSIONS

Awakening Divine Values for

INTEGRAL TRANSFORMATION

DAY ONE — TRANSCENDING POLARITY

DAY TWO — EMBRACING PROSPERITY

DAY THREE — CULTIVATING PEACE

"Everyone needs to be needed. Everyone needs to be useful. Exploring the foundations of 'true peace'—within ourselves and within the collective."

27 FEBRUARY

9 am - 1 pm, All are welcome

DAY FOUR — PROGRESS — THAT'S WHY WE ARE HERE

Taking our learning from the three preceding days, how do we move forward, individually and collectively?

28 FEBRUARY

A journey inward is a journey toward harmony—within ourselves and with the world around us. Through four experiential sessions, we explore essential inner movements that support conscious growth and collective evolution:

- **Day 1—Transcending Polarity:** Moving beyond division into unity and synthesis.
- **Day 2—Embracing Prosperity:** Discovering prosperity as shared well-being and conscious harmony.
- **Day 3—Cultivating Peace:** Exploring the foundations of true peace within and around us.
- **Day 4—Progress:** That's why we are here—Integrating insights and stepping forward individually and collectively.

Healing, clarity and conscious transformation

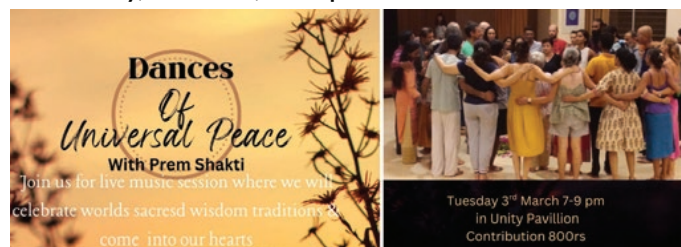


One to one/ group Life Coaching & Counseling with Preeti based on Integral Transformation offers a safe space to heal and unlock your potential. Using an integrated, practical approach & powerful tools through a unique blend of Modern Psychology, NLP, Emotional Intelligence, Personality Analysis, and Holistic & Integral Development.

- **By Appointment:** 9699930672 WA

Dances of Universal Peace

- **Tuesday, 3 March, 7—9pm**



- **Register:** 9699930672 WA

Sencha Style Tea Ceremony The Universe in a Cup of Tea



We invite you on a spiritual journey, accompanied by the tea of your choice. (Organic teas only, tea blends with herbs/flowers/spices also available). During this rare, transformative experience, you will explore & experience the healing aspects of the tea. The session can be conducted 1-on-1, or for small groups (up to 4 people). For more than 4 people, a suitable venue must be arranged in advance. Children aged 5 years and above are most welcome, especially on their birthdays.

- Through appointments only,
+91 9385428400 WA

By Appointment

Date	Venue	Event Details
Daily	Hall of Peace	Tao of Tea —Sencha Style Tea Ceremony by Isha—A conscious and immersive experience of tea's spiritual and healing power, nourishing both body and soul. +91 9385428400 WA
Tuesday, 5pm	Hall of Peace	12 Qualities and the Mother's Symbol by Jaya—A deep exploration of The Mother's Symbol and 12 Qualities that embody the path of inner transformation.
Daily	Oneness Hall	One to one sessions on the Science of Chakra, Integral Yoga, Chakra Balancing and guided Meditation . One to one/ group Life Coaching & Counseling with Preeti based on Integral Transformation offers a safe space to heal and unlock your potential using an integrated, practical approach & powerful tools through a unique blend of Modern Psychology, NLP, Emotional Intelligence, Personality Analysis, and Holistic & Integral Development. 9699930672 WA

The Mother's Symbol, Matrimandir and 12 Qualities



- **Every Tuesday, 5pm, Weekly Experiential Exploration**

Join us for a reflective and experiential exploration of The Mother's Symbol and the 12 Qualities—inner attitudes that support conscious growth, harmony, and collective evolution. These sessions invite participants to engage not only intellectually, but through experience, reflection, and shared inquiry, allowing the qualities to be felt, understood, and integrated into daily life.

The sessions are facilitated by Jaya, who has been working with The Mother's Symbol and the 12 Qualities for many years through research, presentations, and interactive dialogues at Unity Pavilion.

Aurovilians, Volunteers and Guests/ Visitors.
All Are Welcome

Kids Art Class by artist Janakiraman



Inviting students to form a new group.

- **Every Saturday, 10:30am—12pm**
- Age: 8 and above, contribution based
- Contact: Janakiraman, 8015362636
 - Unity Pavilion: 0413 2623576,
unitypavilion@auroville.org.in

The Flow: Chakra Meditation

Connect with the Source and enter the Flow.

- **Fridays, 6—7pm @ Unity Pavilion**

Through ancient Beej mantras and healing frequencies, this meditation awakens the chakras and opens the meridians, allowing prana to move freely through the body. As the energy flows, it releases emotional blockages, eases stress, and restores balance—leaving you with a deep sense of lightness, harmony, and renewal. Experience a journey of sound and vibration!



Presented by The Unity Pavilion Research Team:

- **Sergei**—Electronic Musician, Specialist in Social & Musical psychology
- **Preeti**—Author, Life coach, and Researcher with 25+ years in Integral Yoga & Human Development

Preeti for Unity Pavilion,
unitypavilion@auroville.org.in

FRENCH PAVILION PRESENTS

The “competition” between languages

Along with Auroville Language Lab: by Xavier Garnier, Professor of Francophone Literature at the Sorbonne University

- **Tuesday, 3 March, 5:30pm**
@ Language Lab, in French

On the occasion of the visit of Xavier Garnier, Professor of Francophone Literature at the Sorbonne University, Le Pavillon de France and the Auroville Language Laboratory invite you to a discussion on the situation of languages in a postcolonial context.

Xavier Garnier, a specialist and translator of African languages, will talk about his experience in Africa, and Mita, an Aurovilian and director of the LAB, will discuss the issue of linguistic plurality in India. Claude Jouen, former head of Auro-translations and Auro-lang, will address the question of languages in Auroville. These presentations in French will be followed by a discussion with the audience.

What is literature and what purpose does it still serve today? In English

A lecture by Xavier Garnier and Rémi Astruc, professors of Francophone and comparative literature, Sorbonne University/ CYU/ Institut Universitaire de France.

- **Thursday, 5 March, 5—6pm @ Pavillon de France**

Why write today, or read a novel or poetry? Is literature simply entertainment for lovers of beautiful things? Or can we assume that it has a power that can help us in our current state of disorientation? What are the new trends that show the evolution of an activity in tune with the concerns of the present, particularly political and ecological ones?

Games

@ Pavillon de France, opposite the Visitor Center

Sunday Pétanque

- **Every Sunday, 4—5:30pm**

Discover or rediscover pétanque, a classic French game of skill and strategy, played by throwing steel balls at a small wooden ball called a ‘cochonnet’. Played in teams on flat ground, it requires skill, strategy and precision. Open to all levels, it’s a great way to socialize while having fun.



Board games

- **Wednesdays, 4—5:30pm**

French Pavilion welcomes you every Wednesday, 4—5:30pm for Boardgames. Come to relax and have fun, meet new friends and test your creative thinking by playing board games at the French Pavilion! For all ages, languages and levels.



Submitted by Vivekan & Marie

TIBETAN PAVILION PRESENTS

Exhibition: Path of Transformation

by Helgard Zurmuehl



- **20 February—18 March, 9:30am—12:30pm, 1—5pm, Sunday closed**
- **Inauguration: Friday, 20 February, 5pm.**

The Pavilion of Tibetan Culture cordially invites all of you to join us for the inauguration of a new exhibition: Path of Transformation by Helgard Zurmuehl.

It's a spiritual theme, where Helgard was working on for years. Now different aspects and approaches are falling in place. The content of the art-project of Helgard Zurmuehl is about The Mother's 12 Qualities visible in the Matrimandir Petals. It is to try, to express the “Qualities” in body language. ...and additional its the experiment, where a clear form can be destroyed and put together in another form.



Nothing is permanent. All is in movement. Concepts of right and wrong we can overcome and being a creative person and find deep inside of us sample of deeper truth.

During the opening we show a 6 minutes Kali dance.

So that something new can grow, some old things have to be destroyed.

Pavilion of Tibetan Culture: The Library

- **Monday and Tuesday, 9:30am—12:30pm**

Kalsang for Tibetan Pavilion



BHARAT NIVAS, THE PAVILION OF INDIA

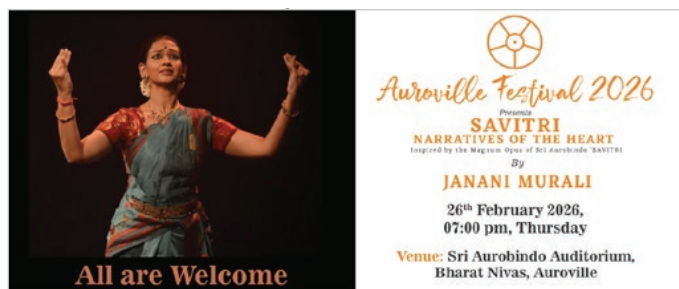
Kalaripayattu performance



Submitted by Monisha for BN Team

Festivals

AUROVILLE FESTIVAL 2026



Monisha

CELEBRATE AUROVILLE WEEK WITH MAROMA



Maroma warmly invites you to celebrate Auroville Week with a series of creative and conscious experiences.

@ Maroma, Aspiration, Auroville, Near PTPS

- 23, 25, 27 February, drop in any time between 10am—12pm
 - 23 February: Incense Leaf Pressing
 - 25 February: Clay pressing and molding
 - 27 February: Making sand candles

@ Conscious Living Chocolate Factory, Fraternity

- Special Event: 26 February, 9—10am: **Yoga performance**
 - Free of charge

All events are open to all ages 5 & above

www.maroma.com, +91 4132622/ 126

Jesse for Maroma

Theatre, Music & Arts

OF BEING AND BECOMING

@ Maroma Art Gallery, MAJI

21 February—4 April

Opening: 21 February, 4pm

@ Maroma Campus on Aspiration St, Kulapalayam



This multimedia group show features Aarti Manik, Gauri Elisa, Bettina Schori, Henk van Putten, and Ok Upcycling Studio.

Sagarika Bhati for MAJI, Maroma
maji@maroma.com

ART FOR LAND ART SALES

Viewing and purchase at Unity Pavilion and online: artforland.in

Featuring artworks of: Dilip Patel, Marie-Claire Barsotti, Mayaura, Ok Upcycling, Pierre Legrand, Soham, Sonia Yeo, Uttama Dhandhanian, Tim Wrey, Vivechana



15 February—30 March 2026

@ Unity Pavilion, International Zone, Auroville

We are happy to announce that our artforland.in website is now fully up and running, permitting viewing and purchases of the works in our AFL collection both online and in person at the Unity Pavilion.

Our website features over 100 Auroville and friend artists and the works they have donated to support Auroville's needed land consolidation. We are proud to promote their work via our site, and we thank them for their generous solidarity. The opening of our new AFL exhibition "The Golden Light" was a very beautiful and positive experience for all!

We warmly invite everyone to visit the Unity Pavilion and appreciate the great creativity and talent on display!

Mandakini
for AFL & A4A teams

ORIGIN

brush on porcelain, by Bhavyo



30 January—27 February 2026

"This body of work was created during a three-month intensive ceramics residency at Taoxicuan Art Avenue in Jingdezhen, China. My aim was to fuse calligraphic and gestural movement with Jingdezhen glazes.

Nature served as my muse; I sketched and researched in pockets of green throughout the city, translating these observations into layered strokes on porcelain tiles.

The diversity of ceramics and access to local techniques and tools allowed me to expand my practice and develop a new series, resulting in over 75 works.

I invite the community to view a selection of these pieces and share a glimpse of my journey in China."

Submitted by Anandamay

RESILIENCE: EXHIBITION BY MARIE-CLAIRE BARSOTTI

6—28 March @ Pitanga

Exhibition Opening:

- 6 March, 3—5pm

Gallery timings:

- Monday to Saturday, 8:30am—12pm & 2:30pm—5:30pm



Anandamay

STILL HERE BY JYOTI NAOKI ERI

20 February—11 March @ Centre d'Art, Auroville



Time, in the physical world, is one of the few universally shared dimensions—beyond ownership or control, at least for the time being. Spiritually, however, I experience time as neither linear nor fixed, but as multidimensional and all-encompassing. It often feels supple and fluid. In my artistic practice, time functions as a fundamental medium, shaping conception, process, and creation. Establishing a conscious relationship with time is essential to transforming inspiration into form. My ongoing series, *A Time Trilogy*, explores and visualizes these layered perceptions of time.

Drawing from Eastern landscape traditions such as *Sansui* (山水), my paintings dissolve the boundary between subject and background. Nature dominates the frame, while human presence is minimal or symbolic, emphasizing inner nature and spiritual connection. These landscapes reflect my inner states and invite the viewer into the work, rather than positioning them as a distant observer.

This approach is central to *Archaeology of Transcending Light* (A.O.T.L.), in which I reimagine landscape through contemporary abstraction, inspired by introspection and an inward process of concentration. The act of finding the Self feels like an archaeological excavation—as if uncovering ancient treasures. In this sense, past and future appear fluid and, ultimately, interchangeable.

The Japanese concept of *Ma* (間)—the space between—also deeply informs my practice. I understand *Ma* as a realm where duality comes to rest, where silence, space, and subtle perception allow meaning to emerge. In Tibet, the intermediate state between life and death is called *Bardo*—a realm in which different forms of life force are encountered and engaged. I find these cultural connections deeply resonant. This sensibility extends into my sound installations, which focus on atmosphere, frequency, and silence rather than structure, inviting deep listening and introspection.

Rooted in Eastern philosophy and informed by modern science, my work seeks a meeting point between spirituality and contemporary thought. This exhibition offers a contemplative space in which viewers may encounter stillness, expanded awareness, and unseen dimensions of reality.

Jyoti Naoki Eri 2026

- Tuesday to Friday, 2—5:30
- Saturday, 10—12:30am, 2—5:30pm
- Morning by appointment

Marco

LIVE MUSIC @ RIGHT PATH CAFE

@ Visitor Center Auroville
26 February, 6:30pm



By Abtin

CRIPA

Tinctures

- Sunday, 1 March, 7:30pm @ CRIPA
- Food & drinks served from 6:30pm



Tinctures is an eclectic piano-guitar duo from Bangalore and Berlin, exploring the space between consonance and dissonance through lush, attentive soundscapes. Formed by Aman Mahajan (piano) and Nishad Pandey (guitar), their music blends classical, jazz, and Indian traditions into evolving, genre-free performances.

This concert marks the finale of their India tour and celebrates their upcoming EP *According To The Tides*. Rolling Stone called their album *Heads and Tales* "an important new record in Indian jazz lore."

- Free entry—open to all—contributions welcome



Youth Choir end of season concert

- Saturday, 14 & Sunday, 15 March, 7:30pm @ CRIPA
- Food & drinks served from 6:30pm



Join us for a special evening of music as our Youth Choir celebrates the end of the season with a beautiful and inspiring concert.

Limited seating available, please book your free tickets in advance by scanning the QR code.

Submitted by Laura

KALABHUMI

Sonic Journeys:



An album and music appreciation session
featuring: Henrik

A Kalabhumi Music Studio musician and bass/ cello player, living in Auroville since 2018. Originally from Germany, now a newcomer and working as an architect.

Presenting: King Crimson, one of the pioneers of progressive rock, a band that has had a huge influence on modern metal and rock music, but remained a hidden gem. We will explore 10 tracks from five albums spanning the 1970s and 80s, tracing the band's evolution from the Mellotron laden symphonic prog and the invention of non-blues-based heavy rock to the "mathematical" interlocking guitars of the 1980s.

*A cultural event powered
by Shakti Arts—Unit of Auroville Foundation*

Kalabhumi Goes Live



Edoardo

Dance Activities

AUROVILLE TANGO

@ Harmony Hall, Bharat Nivas

- Monday, 8pm: Introduction to Tango
- Wednesday, 7:30pm: Practica
- Friday, 6:30pm: OpenSource
- Saturday: Bi-monthly Milongas

No partner required. Bring socks or dance shoes. And plenty of joy!



+91 9821166082,

tango@auroville.org.in, Aurevan

DANCE CLASSES BY MANI

Tango Dance Evenings @ CRIPA

- Tuesdays & Thursdays 7pm @ CRIPA (Small Room)

Discover the beauty of Tango—a dance of connection, rhythm, and emotion. Move with grace, balance, and awareness in a joyful and welcoming space.

- Please register before coming (registration only).

Bring your socks and water bottle.

- Aurovilians & Newcomers: Free/ Donation-based
- Guests & Others: Contribution welcome

Let's share the magic of Tango, connect through music, and grow together in movement and harmony.



Salsa Dance Classes @ CRIPA

- Monday & Friday—7pm @ CRIPA (Small Room)

Join us for fun, energetic salsa sessions—dance, move, and enjoy the rhythm together!

- Please register before coming (registration only).

Bring your socks and water bottle.

- Aurovilians & Newcomers: Donation-based
- Guests & Others: Contribution welcome

Let's share the joy of dance, connect with positive energy, and keep improving.



8637633696, Mani

CLASSES IN BHARAT NIVAS

Bharatnatyam Dance Classes

- Saturday, 10am—12pm,
Sunday, 3—5pm, @ SAW-CHU

My name is Caveri Suresh, I'm a Bharatnatyam Dance teacher for 27 years. I would like to share and teach my art form with you all. Dancing was always my great passion. Through the years, I became a skilled professional Bharatnatyam dancer. This form of traditional South-Indian dance art I would like to share with our community from all over the world.

Education: Here are my following education to teach this dance form: BPA (Bachelors in Performing Arts), MFA (Masters in Fine Arts), Tanjore Tamil University TDT (Teacher's Training in Dance).

I would like to offer this class to **Beginners, Intermediate and Advanced students.**

I am already conducting my dance class in Bharat Nivas. This class is an offering for the community; if you feel to make a contribution it is most welcomed. I have taken my students on trips where they experience performing in different venues and famous temples around Tamil Nadu and I intend to continue this.

Caveri Suresh, Diya Dance Studio

Music and Dance Classes

- Saturday, 3—4pm @ Bharat Nivas

This is to inform you that Aurohamsadhwani Arts Center is organizing music and dance classes at the Bharat Nivas premises. The following classes are offered:

- Bharatanatyam, Veena, Keyboard, Vocal Music**

Students of all ages are welcome to join. The class fees are minimal. For further details and registration, please contact:

- Ms. Gunasundari, 99433 94901
- Mr. K. Palani, 94435 35172
- Mr. H. Suriyagandhi, 94893 25775

A. Gunasundari, Kamala, Palani, Selvi,
Suriyagandhi, Aurohamsadhwani Arts Team

DANCE, Movement and Ballet for Children @ New Creation Dance Studio!



We offer classes for almost all age groups:

- Toddlers' dance initiation**
from 4 to 5 years old, every Monday, 2:30pm
- Children' ballet class**
from 6 to 8 years old, every Saturday, 9:15am
- Tweens' ballet class**
from 10 to 12 years old, every Saturday, 10:30am

Contact Fleur for enquiries:

- +91 9600225764

Fleur

Theatre, Music & Art Activities

NEW CHOIR PRACTICE

Tuesdays, 8—10pm @ CRIPA

Simple but powerful polyphonies—high and low voices meeting in harmony.

Sing if you wish, laugh, feel, and let yourself be carried by the beauty of voices weaving together.

We'll open with a voice warm-up, moving through the rhythms of our bodies and breaths, connecting with self and others.

Feel free to talk about it to anyone who likes to sing. Prior experience in singing is not required! See you soon.

- For more information:
+49 17645775378 WA



Jonas

CREEVA: ART ACTIVITIES IN FEBRUARY

Center for Research Education Experience in Visual Art

Watercolour painting workshop

- Every Wednesday, 2—4pm

Life drawing session

- Every Saturday, 10am—12pm

T-shirt Painting, Bottle Painting Workshop

Paper Pulp Doll Art Workshop

- Every Sunday, 3—4:30pm

Rediscover the joy of creativity and childhood play, through eco friendly paper pulp. By Giribala Tripathy: From Odisha, based in Pondicherry, Sri Aurobindo Ashram artist with over two decades of creative and sustainable art practice.

Live portrait sketch

For personalised live portrait sketch book a session with Sathya.



Open studio

Your welcome to open studio to explore your art except workshops timings. Materials will be provided.

For info contact Sathya: +91 9486145072

- sathyacolour@auroville.org.in

Sathya for CREEVA Art Studio, Creativity

ACTIVITIES BY MINT

Bojagi Wrapping Art Workshop

- Tuesdays, 10:30am—12pm

Bojagi is the Korean art of wrapping with care, balance, and quiet beauty.

- No prior experience needed.
- All materials provided
- Limited seats

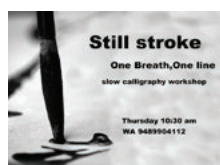


Still stroke

- Thursdays, 10:30am—12pm

When the mind becomes still, the stroke appears. Still Stroke, One Breath, One Line. Slow calligraphy workshop.

- Limited seats



9489904112 WA, Mint

SVARAM ACTIVITIES

Sound Healing Session

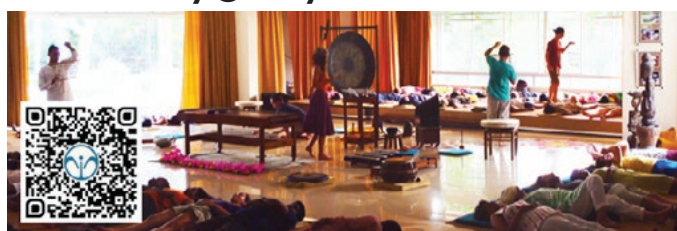


This 45-minute Sound Healing Session is designed to help you reconnect with your natural state of well-being. It offers a supportive impulse for self-healing and balance, guided by a certified sound practitioner.

By Appointment Only

- Available Sessions: Solo, Duo or Group
- For details and booking: Scan the QR Code or <https://svaram.org/sound-healing-sessions/>

Sound Journey @ Unity Pavilion



We are back for our 2025—2026 Season!

- Every Wednesday, 5:30—6:30pm
- For details and booking: Scan the QR Code or <https://svaram.org/sound-journey-unity-pavilion/>

Sound Garden Tour



These unique spaces invite people of all ages to reconnect with themselves, nature and sound.

- Monday—Saturday, 10:30am—4:30pm,
- Sunday, 10:30am—12:30pm
- For details and booking: Scan the QR Code or <https://svaram.org/sound-garden-art-installations/>

Immersive Flumie Workshop



- 6—8 March, Variable Timings

We invite you to a weekend of flumie playing with the maker of the B Love professional flumies, widely regarded as the finest flumies on the market, not only for their exceptional craftsmanship, but above all for their extraordinary range of soundscapes and the seemingly endless discovery of new harmonics.

- For details, please visit svaram.org/events-booking-calendar or scan the QR Code

ISSP Module 1: Principles and Concepts of Therapeutic Music & Sound Work



- 9—14 March, 9:30am—5pm

This first of a 4-module Certificate Course in Integral Sound Studies and Practices (ISSP) offers a thorough introduction, exposure, immersion, and training in the vast subject of Sound and Well-being.

Planetary Sound Symphony



- 16—18 March, 9:30am—6pm

Join a 3-day intensive transference training exploring sound as a living, relational, and performative force. This workshop offers a focused entry into contemporary sound music practice, integrating planetary-tuned instruments, embodied listening, and advanced ensemble resonance work.

- For details, please visit svaram.org/events-booking-calendar or scan the QR Code

Aurelio
for the SVARAM Team

Sports & Martial Arts

BUDOKAN:

Class Hours and New Activities

Aikido

For Adults & Teenagers

- Monday to Friday, 6—7:30am
- Tuesday, Thursday & Friday, 4:50—6pm
- Saturday
 - Advanced 6—8am
 - Weapon class 8—9am

For Kids & Teenagers

- Monday to Friday, 3:50—4:50pm
- Saturday, 10—11am

Aikitaïso

- Monday to Friday: 8—9am
- Saturday: 9—10am

Yoga

- Monday, 9:30—10:30am & 5—6pm
- Wednesday to Friday, 9:30—10:30am

Shiatsu

- Saturday & Wednesday (on appointment)

Michaël
for Auroville Budokan, Dehashakti

ABHAYA MARTIAL ARTS



Abhaya Martial Arts is proud to have trained over 700 students of all genders, ages, and experience levels. We've hosted expert coaches and black belts of many martial art styles, and introduced our students to a vast range of transformative practices. Our team has participated in national competitions and begun awarding official belts and degrees recognized by the Shou Dao School—a martial arts academy acknowledged by the Olympic Committee.

Regular Adult Classes, 5:30pm:

- **Monday:** MMA/Grappling with Coach Giacomo
- **Wednesday:** MMA/Grappling with Coach Giacomo
- **Friday:** MMA/Striking/Self Defence with Coach Tanguy and Coach Giacomo



Please note: Contribution required

- Be punctual; Short nails, wear, and no jewelry; Stay home if you're unwell or have open wounds
- **For updates and participation:** +91 94873 40778
- For more info contact us: abhaya@auroville.com

<https://abhayauroville.wordpress.com/>
<https://www.instagram.com/abhayauroville/>

Giacomo for Abhaya

AIKIDO CLASSES

@ Auroville Budokan, Dehashakti

Aikido is a martial art created in the 1920s by Morihei Ueshiba, a master in traditional Japanese martial arts. Aikido is a path which aspires to the unity of mankind, the unification of the self with the universe, the union of Spirit and Matter. The Auroville Aikido group always welcomes new practitioners, Youth and Adults, and those who would like to revive their abandoned practice!

Aikido activity schedule

Monday to Friday:

- **Adult class:** 6—7:30am
- **Children class:** 3:50—4:50pm

Saturday:

- **Advanced:** 6—8am; **Weapon:** 8—9am

We also started a new activity named **Aikitaïso** it's a body practice based on Zen movement and Aikido body preparation. Perfect for everybody who wants to feel more grounded.

- **Monday to Friday:** 8—9am
- **Friday:** 5:15—6:15pm
- **Saturday:** 9—10am



8300643963 WA, Philippe,
9952812843 WA, Murugan,
+ 33622053932 WA Michaël

AİKIDŌ SEMINAR

Yin & Yang in Motion

Several days of Aikido practice, shared exploration and reflection @ Auroville Budokan, Dehashakti Ground

- Part 1: 20—22 February
- Part 2: 27 February—1 March

With Sensei Sylvain Gacond (2nd dan), teacher of Aikidō, Japanese Yoga, and Hōjō no kata from Switzerland. Student of Sensei Eric Graf (6th dan), following the path of Sensei Masatomi Ikeda (7th dan).

- **Friday, 20 February & Friday, 27 February**
 - 6—7:30am, Aikido
 - 7:30—8am, Break
 - 8—9am, Aikitaïso
 - Lunch Break
 - 2:30—3:30pm, Japanese Yoga
 - 3:50—4:50pm, Children class, Teacher training
 - 5—6:30pm, Aikido
- **Saturday, 21 February & Saturday 28 February**
 - 6—7:30am, Aikido Advanced
 - 7:30—8am, Break
 - 8—9am, Weapon class
 - 9—10am, Aikitaïso
 - 10—11am, Children class, Teacher training
 - 12—1:30pm, Potluck
 - 2—3pm, Aikido Advanced
 - 3—4:30pm, Aikido
 - 4:30—5:30pm, Japanese Yoga
- **Sunday, 22 February & Sunday, 1 March**
 - 8—10am, Aikido
 - 10—11:30am, Japanese Yoga
 - Lunch Together

Seminar fees

- Class: Rs.650, Half-day: Rs.950
- 1 Day: Rs.1500, 3 Days: Rs.3500, 6 Days: Rs.6000

All funds collected will be allocated to the support of Auroville Budokan. Sensei Sylvain Gacond will not receive any remuneration for his classes.

Michael

KSHETRA KALARI

@ Aspiration Sport Ground

- **Kalari Classes for Beginners**
 - Morning classes: 6:30—7:30am
Monday, Wednesday, Friday
 - Evening classes: 5—6pm,
Tuesday, Thursday, Saturday
- **Kalari Classes for Advanced People**
 - Morning classes 6:30—7:30am
Tuesday, Thursday, Saturday
- **Kalari Massage Available**
 - By appointment, 9042009200



Maneesh

THE ART OF CHI:

Stevanovitch Method

Classes with Hans

- Monday, Wednesday, Friday, 6:30—7:30am
- First time? Please come on Friday.

8110848123 WA,
Hans

MARTIAL ARTS IN BHARAT NIVAS

Kalaripayattu Regular Class Updated Timings

Bharat Kalari
Offers
Kalaripayattu
Regular Class

Venue: Bharat Kalari
(near Sri Aurobindo Auditorium),
Bharat Nivas, Auroville

Monday - Friday
Morning: 07:00 am - 08:00 am
Evening: 04:30pm - 05:30 pm

Enquiry Contact: 0413 262253 / 78455 24014
bharatnivas@auroville.org.in

Monday to Friday:

- Morning Regular Class: 7—8am, fee: Rs.3000
 - Evening Regular Class: 4:30—5:30pm, fee: Rs.3000
 - Morning & Evening (Regular Classes): fee: Rs.5000
- @ Bharat Kalari, opp. Sri Aurobindo Auditorium

Regular Silambam Class

- Wednesday & Saturday, 5—6pm @ SAWCHU

From 20 August 2025

Regular Silambam Class
with
Hari Haran

05:00 pm - 06:00 pm
Every Wednesday & Saturday
Venue:
SAWCHU,
Bharat Nivas, Auroville

To join, Contact: Hari Haran at +91 63743 71865
Parking available outside at the Main Gate

Grappling and Rudiments of Martial Arts for kids

- Tuesday & Thursday, 4—5pm @ Harmony Hall

BHARAT NIVAS
भारत निवास
The Pavilion of India, Auroville
Presents

GRAPPLING & RUDIMENTS OF
MARTIAL ARTS FOR KIDS

Every Tuesday & Thursday
04:00 pm - 05:00 pm
Venue:
Harmony Hall,
Bharat Nivas, Auroville

CONTACT TODAY!

Monisha

SWIMMING CLASS

Learn to swim or improve your skills with personalised training in a calm and supportive environment. Classes are open to both adults and children (from 6 years old).

- Individual lessons—one-on-one personalised attention
- Small group sessions—only 2 to 3 people per class

All levels welcome, from complete beginners to advanced swimmers. Special focus on comfort, confidence, and technique. Limited spaces available to ensure quality and care for every participant.

- Location: Auroville, Flexible timings available

8637633696, Mani

MORNING SWIMMING CLASSES FOR CHILDREN

Tuesdays & Thursdays,
6:30am—7:30am @ La Piscine

- Group classes for Aurovillian kids aged 11 to 15 years
- Safe and fun environment with professional guidance

Build confidence, improve technique, and enjoy the water!

- To enquire: +91 8940288090 WA

Sonia and Ana



AUROVILLE CYCLOTHON

8 March @ Certitude Ground



Let's join for a pride ride on women's day in Auroville. Let's pedal together to celebrate women's day. Register now to join us.

Ride for all categories, Men, Women & Kids.

- Register: <https://aurovillesports.in/>

Murali, Prabhu, Raju & Tushita
for Auroville Cyclothon

AUROVILLE FUTSAL/ FOOTBALL CLUB

Futsal is played on a much smaller court, it is more fun and intense, with more opportunity for goal scoring. We play futsal in De-hashakti. If you like football/ futsal and you want to learn, play and have fun, come and enjoy with us!



Girls all age/ level are playing

- Mondays and Wednesday, 5pm
- Please contact Balaji: 8940224950



Boys 16yo+ are playing

- Tuesdays and Fridays, 5pm
- Please contact Beber 638563 5943



Submitted by Beber



Upcoming On-Campus Training Courses

We are pleased to announce our upcoming training programs at the Auroville Earth Institute. These hands-on courses offer a unique opportunity to explore sustainable construction techniques with a focus on earth-based technologies. Below are the details of our upcoming sessions:

Date	Category	Details
2—7 March	CSEB	Design
9—14 March	CSEB	Intensive
16—21 March	AVD	Intensive
23—26 March	Special	Ferrocement

For more information and to register, please visit: www.earth-auroville.com

- Contact: training@earth-auroville.com T. Ayyappan

SOLITUDE FARM ACTIVITIES

Saturday Free Farm Tour!



Be a part of a weekly farm tour to learn where your food comes from. Free guided farm tour only on Saturdays, 11:30am. For the larger group (5+) and private bookings, there is a separate charge.

- Please email us at: solitudepermaculture@gmail.com

Education at Solitude Farm

It is all about reconnecting with local food. Local food is our nutritional heritage and at Solitude we help bring awareness and adoption of locally grown produce in our daily lives. Workshops at Solitude:

- **3 days Intensive Permaculture Weekend Workshop**
 - View schedule and book here: <https://solitude.farm/workshop/>

Join us on a road back to nature with this intensive and hands-on workshop that will empower you to start growing your own food and gain insight into knowing where your food comes from. Explore the principles of permaculture; mulching, rotations, intercropping, understand the steps to create a food forest, start a nursery, make your own soap and recycle your waste water, learn about seed saving and lots more.

- **Mini Permaculture Workshop**
 - Please email us: solitudepermaculture@gmail.com for the booking.

We offer mini permaculture workshops as private bookings for the group size 4 + participants. Duration: 2 hours. The group can select any workshop module mentioned below.

- **Introduction to permaculture through local food:** Solitude Farm is a true example of Masanobu Fukuoka's philosophy in practice—a road back to nature through eating local food. In this workshop explore the wide diversity of plants that grow around us, their countless benefits, and delectable taste and even learn how to make your own vegan sushi, salad and coolers!
- **Handmade Soap-Making:** By revaluing papaya seeds, neem flowers and soursop leaves, create your own natural soap and recycle waste water to grow your own food. We'll show you how to pack your soap in banana leaves and inspire you to cut out packaging with simple, creative ideas. The soap is yours to take away!

Farm Fresh Basket Service

A long term commitment to your health! A weekly basket filled with a rainbow of seasonal fruits and vegetables, along with a unique salad kit to ensure a complete nutritional package. This basket is available to anyone from the bio-region. Pick up your basket from the cafe—Mondays, Wednesdays or Fridays.

- Please email us at solitudepermaculture@gmail.com to book your basket.

Lunch Scheme @ Solitude

Experience a wholesome lunch scheme at Solitude Farm—freshly prepared straight from our farm every day. Enjoy traditional grains such as millets and red rice, heritage greens like local spinach, and a variety of seasonal fruits and vegetables rich in Ayurvedic benefits. All food is grown without chemicals and follows time-tested methods that have supported communities for generations.

If you're passionate about sustainability, looking to reduce your carbon footprint, or want support in managing lifestyle conditions such as diabetes or high blood pressure, this lunch is designed for you. Set in a tranquil, scenic space, this is more than just a meal—it's a chance to reconnect with your roots.

Come, eat well, and feel well.

- **Booking:** solitudepermaculture@gmail.com

Krishna
for Solitude Farm & Café

MOHANAM PROGRAM

www.mohanam.org

Mohanam: 2 mins from Vérité, 6 mins from Matrimandir, 8 mins from Visitor's Center. Experience, explore, energise.



For more information and registration:

Advance booking is necessary for Workshops:

mohanamprogram@auroville.org.in, +91 8300949079

- **Office timing:** 9am—4pm, Monday to Saturday

Make and Take Workshops

- Monday to Saturday, 10am—12:30pm or 2—5pm



Bamboo
Candle

Potter

Coconut
Shell Craft

Dream
Catcher

Incense
Making

Kolam
Mandala

Join and experience the learning aspect of engaging in the art and craft workshops. Manifest inner self through various materials and forms using creative techniques.

Auroville Bioregional Experience

- Monday to Saturday, 10:30am—1pm



Village Tour

Wood Fossil
Visit

Munnur-
Perumukkal

Kaluveli Tank
Visit

Celebrating authentic village experiences and cultural heritage! This is a guided tour to villages in the range of 5km, 10km to 50km from Auroville.

Auroville North-West Tour

- Monday to Saturday, 10:30am—1pm

This tour offers a deeper appreciation of the beauty, heritage, and living traditions of Auroville's north-west zone. It highlights inspiring local entrepreneurship and how traditional practices are being continued through modern techniques.



Drum circle: 4, 11, 18, 25 March

- **Wednesdays, 5—6:30pm**

A sacred group practice where people gather in a circle to connect through rhythm, sound and presence, creating healing, awareness and inner balance.



Deep Sound bath 5 Element by Satyaguga

- 3, 10, 17, 24 & 31 March,
Tuesdays, 5—6:30pm

Connect to your inner self through vibrations & divine chants.



Awaken the heart: Cacao & sound journey by Lakshmi

- 13, 20 and 27 March, 6—8pm

A sacred space to soften, to listen, together we'll sip ceremonial cacao and to return home to your Heart.



Thiruvannamalai Spiritual Services:

Eco & Spiritual services: Thiruvannamalai—Mohanam services

- Arunachala—Auroville; Tour, retreat space; Camping, Temple visit; Ashram, Girivalam Full Moon experience

For booking and more information

+91 8300949079, mohanamprogram@auroville.org.in

Rajaveni

AUROVILLE BAMBOO CENTRE

www.aurovillebamboocentre.org

Join our daily guided tours and enjoy a complimentary cup of refreshing bamboo tea. Explore and shop for unique, handcrafted pieces at our Bamboo Boutique, and experience the natural rhythms of our Bamboo Sound Garden.



Bamboo tour with bamboo tea

- Monday—Saturday
8:30am—12:30pm, 1:30—5pm

Special bamboo lunch @ Auroville Bamboo Centre

- Every Saturday, 12—2:30pm
- Pre-book in advance

Enjoy the Special Bamboo Lunch.



Make and take workshops

- Monday—Saturday, 10am—4:30pm
- Pre-book in advance



Bamboo Jewelry

Bamboo Instrument

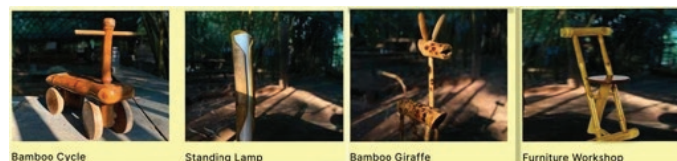
Bamboo Planter

Bamboo Toy

Take part in our daily Make and Take workshops to learn and discover the endless possibilities of bamboo.

One day workshops:

- Pre-book in advance
- Monday—Saturday, 9am—5pm



Bamboo Cycle

Standing Lamp

Bamboo Giraffe

Furniture Workshop

Pre-booking is necessary for registration:

- bamboocentre@auroville.org.in
- +91 8300949081

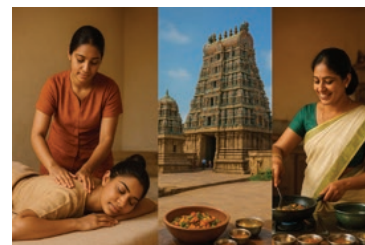
Balasundaram

ACTIVITIES BY RUPAVATHI

Bio-Region Temple Tour:

Interested in learning more about the religious heritage in and around the bio-region? Come take a guided tour of temples around the bio-region.

- Starting point: Solar Kitchen.
- Can be scheduled anytime throughout the week.



South-Indian Cuisine—Cooking Class:

Learn to cook some delicious delicacies of south India with Rupavathi.

Thai Massage: We give everyday morning

- 9:30—11:30, 11:30—1:30, 5:30—7:30pm.
- 8098845200 WA/ Phone, rupavathijoy@gmail.com

Rupavathi

ENLIGHT



ENLIGHT
Light of Auroville

Contact: Arun / Balaji
+91 88381 72521 / enlight@auroville.org.in



Explore Auroville



Bioregion Tour



Art & Craft Workshops



Fireside Drumming



Cycle Tour



Cooking Class

Arun, Anand and Balaji
for Enlight Team

EGAI: LEARN FROM ARTISANS



Coconut Shell Workshop



Incense Making Workshop



Pottery Workshop





Contact Anand : +91 9791896488 / egai@auroville.org.in

Anand

ACTIVITIES BY INSIDE INDIA

Kolam Mandala Workshop

- Every Friday, 10am—12pm

Join us for our Tamil Kolam Workshop.

Kolam is a special Tamil Mandala art that creates intricate patterns using rice flour. Open to all skill levels.



Bio-Region Tours by Inside India

- Tours run from 10am—2pm with a hearty Auroville-style lunch. Available only on request, with a 24-hour heads up.

Join our tours as we take you through the powerful, ever-evolving Auroville bio-region. Catered to your niche and interests; explore where forests are still growing, communities are still dreaming, and where the land speaks if you listen.

Cycle Tours through Auroville

- 10am—2pm. Please book 36 hours in advance.

Ride into the green lungs of Auroville on our newest bicycles partnered with KINISI. Muddy red earth under your wheels, rain-washed trees above you, sound of birds, forest winds and chance detours, explore this slow travel at its finest.

Off-Road Cycling & Half-Day Rides

- 9am—1pm
- Available on request, with a 36-hour heads up

For those who want to go off-script; we now offer off-road rides with our seasoned cycling guide. These are wild, custom-built trails cutting through fields, villages, forests and backroads of the bio-region. We tailor it to your stamina, spirit and sense of adventure.

tours@insideindiauroville.com
Shaheen for Inside India

PEBBLE GARDEN




CHARCOAL
for Agricultural Soils

Learn from Bernard
about the amazing role of charcoal
in revitalizing depleted soils

20 years of practical research
inspired by
Terra Preta of the Amazon

1st March 2026
Sunday
8:00 to 12:00
Pebble Garden

Whatsapp +91 8148715966
LIMITED SPOTS
FREE ENTRY

- Sunday, 1 March, 8am—12pm

Charcoal for Agricultural Soils—Learn from Bernard's 20 year study and practice.

- 8148715966 WA to register

Deepika & Bernard

ACTIVITIES AT AUROORCHARD

Weekly Farm Walk

AuroOrchard is Auroville's oldest farm, founded in 1968-69 under the guidance of the Mother with the vision of "growing food for Auroville." Spread over 25 acres of red earth on the eastern coast of Tamil Nadu, AuroOrchard has been a cornerstone of Auroville's food system for more than five decades. Today, we produce over 50% of the fruits and vegetables and 90% of the eggs from Auroville farms.

We grow a diversity of crops—mangoes, papayas, bananas, guavas, citrus, roots and tubers, leafy greens, vegetables, and herbs—alongside a small poultry that provides eggs. Each year, these fields and orchards yield several tonnes of fresh food, much of it flowing directly to Auroville's kitchens and residents. These numbers are never the measure of the work, but rather quiet signs of the farm's steady rhythm of care and abundance.

Join us for a stroll through these orchards and vegetable gardens and learn about the agroecological techniques that we practice at the farm.

- Every Wednesday, 10am—12pm.
- Registration required, [sign up here](#).



CSA baskets

Auro Orchard's Basket System is a community-supported program that allows customers to select fresh, seasonal produce such as fruits, vegetables, greens, herbs, eggs, nuts, and Abundance; farm-processed products like pesto, syrups, and nut spreads from a weekly updated harvest list. Members place their orders based on seasonal availability and collect their chosen items directly from the farm or from the pick up points inside Auroville.

- Please [sign up for the baskets here](#) to get added to the list.



Volunteering

Spread over 25 acres, AuroOrchard is Auroville's oldest farm producing a diversity of fruits and vegetables and eggs that are supplied directly to Auroville's kitchens and residents.

Join us to learn to work with the soil, plants and food while sharing with a diverse group of people.

We offer a welcoming environment for learners, researchers, and seekers who wish to help us and learn more about the land, food, culture, and themselves.

- Monday to Saturday,
7—9am and/ or 9:30am—12pm.
 - We offer breakfast made with farm produce!
- Link to [sign up for volunteering](#) here.



Anshul

WELLPAPER WORKSHOP

10am—4pm, every day except Sunday

Join our workshop to learn & enjoy the process of turning waste paper into art. Create your own unique upcycled products from old newspapers to take home.

• +91 9385744722, 0413 2969722

Viji



Upcycling
STUDIO AUROVILLE

Open Studio Mornings
Every Tuesday from 9 am to 12.

- Discover the fundamentals of upcycling
- Tour the studio
- Purchase or place orders for upcycled items
- Join our "Make Your Own Upcycled Item" workshop

Location : Recentre, Ok Upcycling Studio
Tel : 6384043908

Every Tuesday 10am—12pm

@ Ok Upcycling Studio, Recentre

- Discover the fundamentals of upcycling
- Tour the studio
- Purchase or place orders for upcycled items
- Join our "Make Your Own Upcycled Item" workshops

Come explore, learn, and get inspired!

6384043908, Veronese

SADHANA FOREST

Plant based Saturday

Join us for a day of connection, learning, and delicious plant-based food! Whether you're curious about sustainable living, enjoy spending time with cows, or want to explore new recipes, we'd love to have you with us.

Schedule: Every Saturday

- 09:00 Breakfast
- 10:00 Cow Connection
- 11:00 Plant-Based Cooking Class
- 12:30 Talk on Diet & Nutrition
- 18:00 Dinner

You're welcome to join for the whole day or just a part of it, all offered to you as a gift from Sadhana Forest free of charge.

Aviram

Available

Avocado tree saplings available

Integral Harmony farm still has avocado tree saplings, all grown from Auroville avocado seeds/pits.

- Cost is Rs.50 per sapling.
- Contact Velmurugan: +91 9751468504 or Lisa: +91 9787825952.

Lisa for Integral Harmony Farm Team

Revolt RV300 electric motorbike

Available Revolt RV300 electric motorbike, 2020 model, 7,200 km, price Rs.45,000. If interested, please send a text message on WA 9899201016.

Manas

Lost and Found

Lost gold ring with green sapphire stone

I have lost a gold ring with a green sapphire stone. If found, kindly return to Angelika, 9843678421 WA or phone.

Angelika

Looking For

Looking for a Babysitter

I am looking for a babysitter from 10 February to 3 March for my 3 year old son, who is nearly 4. We are visiting from Australia and will be at Le Solei De Villa Residential Stay.

Willing to pay cash. Looking for 3—5hrs for 2—3 days per week. Please WA message for details +61 467487820.

Samata Agrawal

Housesitter searched, Aurovilian or Newcomer

In a community close to all services, with magnificent collective garden, one-bedroom apartment with large green terrace and also balcony, well ventilated and furnished and quiet neighborhood.

We're looking for a rare gem who cares about the quality of life and the beauty of the surroundings, and is willing to take good care of one of the Foundation's housing assets.

Charges are Rs7500 per month including monthly community fees, Internet and fixed telephone (local calls only) and contribution to the Housing repair fund.

Period of 10 consecutive months from beginning of March to end of December. Interviews in progress. Send contact details, photo, presentation with occupation and place of work and motivation letter to: gestmb@yahoo.ca

Shaktiprem

Looking for Housesitter: Yën

Seeking Aurovilian, Newcomer or Volunteer to housesit a small single duplex place in Auromodèle from the beginning of April till the end of December 2026. Looking for a super clean responsible woman. Expenses will be discussed when we meet.

+ 919566472590, adorabilis@icloud.com, Yën

Looking for a long-term house-sitting: Lakshmi

I am currently looking for a long-term house-sitting opportunity. I am a responsible, mature, and caring person who truly enjoys creating harmonious spaces. I love taking care of plants and animals, and I treat every home with respect, presence, and gratitude. You can feel at ease knowing your home, garden, and pets will be looked after with attention and love. If you are looking for someone trustworthy to care for your space, please feel free to contact me:

- +91 8489764602
- lakshmiprem369@gmail.com

Lakshmi

Taxi Share

To Chennai Airport, Friday, 27 February, morning

Around mid-morning to early afternoon departure. Please message me on 9677946674.

James

To Chennai Airport, 7 March, 11am

I will be going from Auroville to Chennai airport on the 7 March, around 11am. Anyone wanting to go at a similar time who would like to share a ride, please contact: 9818022420.

Neel

Office Spaces

Kinisi Cowork

Our vibrant space—right behind Kinisi e-mobility (CSR campus)—offers an ideal balance of focused work, being part of a supportive community and relaxing surroundings. Ready to join? Learn more and book your spot:

- +91 9429690049, hello@cowork.kinisi.in
- CSR Campus, Auroshilpam, cowork.kinisi.in



Laure

Hive Coworking Space Open House



NEED A PLACE TO WORK?

OPEN HOUSE | **Hive** COWORKING SPACE

FREE ON EVERY FRIDAY

More Info : +91 90 42 75 95 40 | www.auromode.in

- Every Friday, 9am—7pm @ Hive, Auromode.

Step into Hive and experience the Cosy workspace with super-fast Internet, Coffee—all for free on our weekly Open House. Hive is a 24/7 Coworking space.

Open House hours are for experiencing the space, 24/7 access is available beyond these hours.

Visit us at www.auromode.in/hive-coworking for more details on our flexible plans and facilities.

For inquiries: auromodehive@auroville.org.in

- +91 9042759540 WA,
- +91 7092197375 WA or drop by. **Dhesh for Hive**

Aurelec Spaces Available

35.12 sqm. closed space available inside Aurelec Premises. This space is ideal for workshop or office or storage with generator back-up, 24 hours security, parking, provision to put air-conditioners, high speed fibre internet access (BSNL and Aurinoco), canteen and facilities.



Conveniently located closed office room (around 18.30 sqm.) on the first floor inside Aurelec premises with superb infrastructure, including generator back-up, UPS System, provision to put air-conditioner, 24 hours security, parking, high speed fibre internet access (BSNL and Aurinoco), canteen and facilities.

Interested people may contact Mr. Siva at Aurelec:

- in person or by phone to 2622293/ 2622294
- or e-mail adps@auroville.org.in **Siva for ADPS Trust**

Office Space Available: Auromode

Office Space inside Auromode Premises with superb infrastructure, including Generator back-up, 24 hours Security service, Aqua Dyn drinking water, Car & Bike parking and restaurant. Contact Mr. Pandian



- at Auromode in person, +91 9943390391 or
- pandian@auroville.org.in **Pandian**

Work Options

SKILLFUL HOUSEWORKER

looking for work

Due to circumstances beyond her control, Eshama, a very capable houseworker from Kottakarai, is looking for work for three afternoons per week.

Eshama has been working long years for the late Janet Fearn as well as for other long-term Aurovillians, and lately also for some Mahalakshmi Home residents.

She is a swift worker, has a pleasant presence, has a bike and phone, and has picked up quite some English throughout the years. Can recommend.

- If you need an 'amma' for Tuesday, Thursday or Saturday afternoon, get in touch with Mauna 9443168323, phone & WA, Mauna

Help Needed

REQUEST FOR SUPPORT

Kids Football Tournament

Auroville football club

This coming Saturday and Sunday, we are organizing a Kids Football Tournament with around 300 children participating in the U8, U10, U12, and U14 categories.

We are arranging lunch and snacks for all the children, and for this, we kindly request your support through donations. This project is under YouthLink, and donations can be made **directly to YouthLink FS account 257027** in support of this tournament.

Your contribution will help us provide proper meals and make the event successful and enjoyable for the kids. Any support from your side would be greatly appreciated.

Thank you very much for your generosity and encouragement.

Kani Amuthan, Auroville football club

Honorary Voluntary

NEEDED AUROVILLIAN

social science researcher/ co-author

Seeking an Aurovillian with a research background (qualitative or mixed-methods) to collaborate on a 9—11 month study exploring intrinsic motivation and how it shows up within the systems of Auroville.

The project follows a sequential mixed-methods design (qual → quant) and offers an opportunity to contribute as a co-author or advisor with flexible time commitment.

If you are interested in motivation, well-being from a systemic perspective, and community-based research, I would love to connect.

- Please send a short CV or note of interest.

Tirna Ghosh (registered volunteer)

tirnaghosh99@gmail.com, +44 7880233203 WA

AARAMBHAM LEARNING SPACE

Looking for a long-term volunteer Facilitator

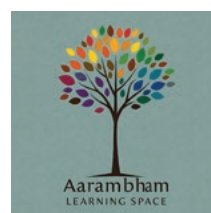
Our expectations: Responsibility and punctuality, ability and preferably some experience of work in the education field (age from 6 to 12), good communication skills with kids and adults, ability to move around Auroville, interest and motivation, optimism and good energy.

We can provide lunch and some additional bonuses to come as you will stay with the team longer.

For details: aarambham@auroville.org.in

- +91 83002 88303, WA messages

Alexey



GAU SEVA AT SADHANA FOREST!



Your heartfelt service is needed at the Sadhana Forest Gaushala!

You are most welcome to join us on any day **from 7am onwards**, and have a vegan breakfast at **8:45am**. Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

sadhanaforest@auroville.org.in,

8525038274 WA or

call 8122274924

Aviram

BOTANICAL GARDENS

A lot of work goes into caring for the Botanical Gardens to keep them looking beautiful and pristine. We invite new volunteers who are ready to help and dedicate some time to caring for the various parts of the Gardens. In particular, right now we need volunteers to help with the Japanese Garden and Labyrinth area, and would like to find one person who could be trained as a long term backup for all parts of the garden work, especially the watering system.



The work involves a lot of weeding, mulching, composting, pruning and clipping, raking and other general maintenance tasks. Talking to the plants, trees and creatures is also welcome, along with jokes and cheerfulness.

- If interested please contact Noel earthyyoga@hotmail.com
- or stop by in the morning sometime to explore the possibilities.

Noel Parent

WEBSITE & IT SUPPORT (Holistic Health Care)

Holistic is looking for a skilled IT volunteer to support us with:

- Creating and setting up our website
- Managing domain, hosting, and email configuration
- Providing ongoing technical and systems support



We warmly welcome someone who also feels aligned with healing, holistic work, or inner growth, as it will help us work together with deeper understanding.

If you have experience in website development and IT and would like to offer your skills in service, we would be grateful.

Contact: sandyra@auroville.org, 9443619403.

Sandyra

Work Opportunities

AUROVILLE WATER SERVICE

Auroville Water Service is looking **Aurovilians** who want to work with us in water-related activities. We are looking for:

- Water Engineer,
- Manager non-technical (HRD, Fin, Area etc.) and
- an Assistant Manager Operations.

If you need more information about one of the functions, please pass by at our office at the Vikas Radial (Square Water Tower).

Toby for Auroville Water Service

NEW ERA SENIOR SECONDARY SCHOOL (CBSE)

Aspiration, Kulapalayam, Auroville

We are hiring: PGT-biology teacher

- **Qualification:**
M. Sc. Biology B.Ed.
- **Experience:**
1—2 years
- **Description:**
Seeking a qualified and enthusiastic PGT biology teacher to handle class 9—11. Strong communication skills and ability to motivate students.



Send your resume to our email address:

- ness@auroville.org.in, 8072627852

K. Venkatesh

AURORA'S EYE FILMS

Looking for a Social Media Manager (Part-Time)

We are seeking a creative and reliable Social Media Manager to support Aurora's Eye Films, an independent film studio based in Auroville.



Aurora's Eye Films

This part-time, on-site role involves managing and growing our online presence across multiple platforms while supporting our ongoing documentary and film projects.

Key Responsibilities: Edit photos and short videos for social media; Create engaging Reels and short-form video content; Schedule and manage content across multiple platforms (Instagram, Facebook, YouTube, etc.); Maintain a consistent visual and storytelling style aligned with Aurora's Eye Films; Support promotion of films, series, and behind-the-scenes studio work.

Requirements: Experience with social media content creation and scheduling; Basic photo and video editing skills (Reels experience is a must); An interest in film, storytelling, and meaningful, real-world projects; Ability to work independently and collaboratively; Must be based in or able to work on-site in Auroville.

Role Details: Part-time position, Based in Auroville; Compensation follows Auroville working unit rates

This role is ideal for someone who enjoys creative storytelling, understands social media trends, and wants to contribute to purpose-driven filmmaking rather than commercial media alone.

To apply: Please send a short introduction, CV and examples of your social media work (or portfolio) to

- serena_aurora@auroville.org.in.

Serena

AWARE:

Looking for media & comms specialists



Invitation to the City the Earth Needs.

Auroville grows when aspirants gather from around the world with clarity of purpose.

AWARE seeks to build a bridge to welcome these aspirants by telling the story of this place with clarity, through beauty, and by setting up platforms for information and discussion.

Doors Are Open for Aurovilians and Newcomers to join Aware. Roles open:

- Filmmakers
- Cinematographers
- Editors
- Content Creators

Contact:

- +91 73965 57993 WA, aware@auroville.org.in
- awareauroville.com

Shift towards a culture of multilateral perspectives and an attempt to bridge the aspiration/ideal and current human condition & external organisations.

Sajiv, project manager,
for Aware Auroville

Animal Care

URGENTLY SEEKING FOR VOLUNTEERS for Dog Shelter

Aurovilians & Newcomers Welcome

We urgently need volunteers to support our rescued dogs.

Needed:

- Medical support (vets, vet students, assistants)
- Essential supplies (food, medicines, blankets, cleaning items)
- General shelter care

Every small help makes a big difference.

Contact:

- 9443203092, aurovilledogshelter@auroville.org.in

Dr. Kumar, Sugar, Shanthi



Poetry

O MOTHER SARASVATI

O Mother
Speak to me
Open my eyes
So I can see
Trillions of stars
here
On earth
On Mother Earth
On the Sacred Earth

In every valley
In every desert



And feel the embrace of the Milky Way
In every grain of sand
In every wild flower
In every withering leaf
In every moan
And in every grief.

In every whisper
In every broken heart
In every broken dream.

O Mother
Here
In the womb of creation
Beyond the Hubble telescope
Beyond the James Webb
Beyond the X Rays and the Micro Waves
Beyond the triumphs and insights of this
And that
And that
How do I see
With a Light that sees the Light
And reveals what is
Beyond all darkness
All light.

Sehdev Kumar

AUROVILLE

Auroville
All reveal
All heal
All rejoin
All rejoice

Anandi Z.

Voices & Notes

AUROVILLE RADIO TV

Your favourite radio
is always working for you.
Stay Tuned!

Last published Podcasts

- [Marlenka's weekly Offering—Ep.165](#) (Literature)
- [Sri Aurobindo's "The Life Divine" read by Deepti Tewari-B 1, C 25: "The Knot of Matter"](#) (Sri Aurobindo)
- ["Humanity 2.0" by Aviram Rozin with Jazz—A Book Read by Shalev—"Prologue"](#) (Society & Conscious Living)
- [Une série hebdomadaire de lectures par Gangalakshmi—Ep.526](#) (Integral Yoga)



Upcoming Video—Join Us Live

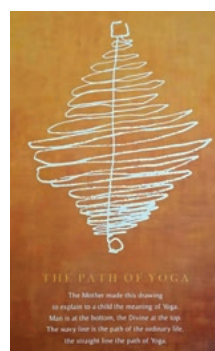
- [Auroville's 58th Birthday—Dawn fire Meditation 2025—Live stream from Matrimandir Amphitheater](#)

....and more! on www.aurovillerradiotv.org

For more information, write to radio@auroville.org.in

Sai Priya
for AurovilleRadioTV

A "MIDDLE PATH" COMMUNIQUE



A "Middle Path" in the context of Auroville is not a compromise of Truth, nor is it a "peace-at-any-price" pacifism. Rather, it is the path of the Spiritual Surgeon.

A surgeon uses a blade (the Kshatriya force) not to destroy the patient, but to remove the malignancy that prevents the body from functioning as a whole (Human Unity). If the blade is used with anger, it is violence; if it is used with *Samatā*, it is a healing Grace.

Here is a draft of a communication that balances the "Final Deathblow" to Falsehood with the foundational call for "Human Unity."

The Call to the New Species: A Message to the Auroville Community

The Hour of God is not a time of negotiation; it is a time of Choice.

Auroville was never intended to be a conventional village or a mere social experiment in "agreeing to disagree." It is a "living laboratory" for a Supramental evolution. ...

Note: To continue with the full post and easily access the links, please scan the QR Code or go to this blogsite and open the post with the same title:

<https://zechjoya.blogspot.com/>



Zech

THE AVATAR'S CIRCLE:

Great Sadhaks of the Sri Aurobindo Ashram and the Auroville Pioneers

After years bathing in the atmosphere of Sri Aurobindo's and Mother's early sadhaks, in 1985 I left "paradise on earth" (as Nolinida called the Sri Aurobindo Ashram) and moved to Auroville's green belt, living with oil and kerosene lamps for the next fourteen years, in the hut I built, under harsher conditions than at the Camp.



The Matrimandir's aerial ladders were gone but the roof, where I worked at the 'stars', was still accessed adventurously. Joining the Italian team toiling at the 'stars' on the Matrimandir's roof was the real introduction to Auroville's societal postulates. A lawyer, a university assistant of contemporary history, a lady graduated in law and in English literature and also a school principal, plus three others were my co-workers, led by Gloria; married to Piero Ciconesi, the site architect, she too was an architect. Dutch Hans was the only non-Italian in our team. Because of his matted locks and beard Hans, whose proficiency at mathematical calculations was much appreciated, was nicknamed the Matrimandir's sadhu—and he lived like one. My co-workers were intellectuals and professionals, the types I left behind in Italy; but on the Matrimandir's roof we toiled like laborers, under a scorching sun; twice my face swelled like a balloon. In the late afternoon I strolled around with Piero and Gloria; they had joined Auroville five days after Foundation Day and bit by bit told me its young history; this was my first briefing. One year later I encountered Roger Anger, Mother's architect, and an irreversible journey commenced.

Whether on the roof or on the scaffoldings, as always with no security, work was an exhilarating experience. Bravery and contagious enthusiasm, in an electrifying atmosphere, were our bread and butter. Endurance, resilience made us one in a way I had never fathomed. This was Auroville, the Mother's. I worked like a man; hard to believe that so small woman could carry heavy metal pipes in tandem with Hans, half meter taller. It was no longer my body, it was Mother's force that worked through me, and it was collective; nourished by Her, we all felt Her force. It was Auroville, the Mother's, incubator of the supramental society of gnostic beings.

The ultimate quest had begun, this was the lever: "At our inmost centre there is a free being, wide and knowing, who awaits our discovery and who ought to become the acting centre of our being and our life in Auroville". "The Promised Land" is the chaitya purusha, the purusha in the heart, smaller than a thumb: the psychic being presiding over the evolutionary journey.

We had done with the senescent legacy of the past, all of us, we were the first builders of a new world in the making. Experimenting new ways of living was one with unending becoming. Status and culture and creed, what we had been so far, what and who we had left behind vanished altogether. A first realization dawned, growing immutable over the years: being part of the Avatar's circle. The Sri Aurobindo Ashram apprenticeship remains my foundation, one with the unconditional surrender of a true sadhak; but as a co-builder of the gnostic supramental society of which the radiant Matrimandir sun—'Mother's shrine'—is the symbol and messenger.

Auroville is humanity's agelong dream. Idealists from all

over came to make it real, faith as the sole riches, minimal material needs as the starting point of the journey. Auroville is "the city of God" Sri Aurobindo evokes, "the Avatar's model town" of the supramental manifestation the Mother heralds. Auroville—the ideal society for which those in the Avatar's circle take birth over and over again along the ages—exists forever. Idealists came from all over the world to make it real, faith as the sole riches.

"Ce n'est qu'un debut, continuons le combat" was a slogan of the 1968 revolution, on which Mother comments with Satprem in two conversations. The battle between the new world and society, and the old and rotten one, continues unabated.

PS. I have amplified this text in a [YouTube presentation](#).

Paulette

Foods, Goods & Services

A NEW SERVICE FROM ECO SERVICE

As we all have noticed of late there has been a growing amount of litter being dumped along the roads, pathways and in the bushes within the city, we are pleased to announce to the community a much needed extension of our regular waste pick up service.



Launching on its Birthday this year on 28 February, Auroville will have a dedicated service to clear the litter and waste from the areas that are hard to reach by our larger vans.

A three wheeler has been acquired for the purpose and will begin the operation in two shifts 3 days a week to start with. The service will largely concentrate on within the designated City Area only (and not along the tar road) and may gradually extend to the greenbelt.

This Service will be totally run by Citizen Volunteers (Aurovilians and Newcomers) along with an Eco Service member as it may need more than one person (and maximum two) to do the task. In Kind remuneration will be provided.

- If you are one of the inspired ones who shares similar concerns, are interested to help keep Auroville litter free and can dedicate some time, please get in touch with us either by dropping into our office or connecting with us by email or on the number provided below.

Wish us luck for this new endeavor and if possible join up! Lets Keep Our City Clean Together.

Sumit for Eco Service

ecoservice@auroville.org.in, 6379669034

OPENING HOURS OF THE PT PURCHASING SERVICE

Please be informed of the opening hours of PT Purchasing Service

- Shop: 8am—7pm, Monday to Saturday
- Canteen: 8am—3pm

PTPS Team, from Mass Bulletin

The Living Room

Wholesome meals, fresh coffee, and warm company — all waiting for you at The Living Room. Opposite Auroville Library. Breakfast, lunch & dinner served daily. Everyone's welcome.

Kaipana, Crown Rd. opp to the Auroville Library, Auroville, Tamil Nadu 605101

Open 9am-9pm
All days of the week
+91 9566142115

+91 9566142115, Satyakam

RIGHT PATH CAFE



Non Veg Monthly Meal Scheme

Cafeteria at Visitors Centre (Right Path Café) offers a South Indian Non Veg Lunch Scheme.

Composed of: Organic White Rice/ Brown Rice/ Millet; Organic Chapati; Seasonal Auroville Vegetable; Sambar; 3x a week with Veg Kurma & Rasam; 3x a week with Organic Chicken Curry, or Fish Kuzhambu, or Auroville Egg Kuzhambu; Home made Pickles

- Rs 3700 per month. Open to Aurovillians, Newcomers, Volunteers with Aurocard and registered Interns.

Reminder! Other monthly lunch schemes:

- Organic Vegetarian South Indian Mini Meal Rs 2,500/-
- Healthy Plate based on AV and organic products Rs 3,700/-
- a half month scheme is also available.

For enquiries and registration:

- cafeteriavc@auroville.org.in, 9043004919 WA

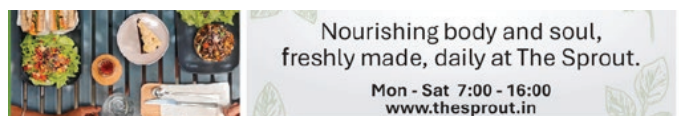
Conscious Catering for your Workshops!

The Cafeteria at Visitors Centre organises organic catering, with choice of South Indian, Korean and Western items.

If you wish to broaden the conscious experience you offer your participants to the realm of food and explore with us the different possibilities we offer, please contact us:

- 9043004919 WA cafeteria, cafeteriavc@auroville.org.in *Kyoung Hyoun Lee*

THE SPROUT CAFE & RESTAURANT



Nourishing body and soul,
freshly made, daily at The Sprout.

Mon - Sat 7:00 - 16:00
www.thesprout.in

Monica for The Sprout team, www.thesprout.in



@ Luminosity Auroville, book one day in advance
Lunch: Tuesday & Saturday, 12:30pm
Tea Ceremony: Wednesday, 10am & 3pm
+91 9489693809, goyo@auroville.org.in, Won Ja

SUDHA'S KITCHEN!

Healthy Plate monthly scheme
for Aurovilian Volunteers & Guests

- Special Offer: Aurovillians get 20% discount
- Group Bookings Welcome



Contact Us:

+91 8608123072 WA, +91 413-3509884 landline
Come enjoy delicious, nourishing food in a warm place
with beautiful trees surrounded! *Arun*

COFFEE IDEAS (FORMERLY MARC'S CAFÉ)

Some Information Updates and Reminders

- We are open every Wednesday in February.
- Tuesday mornings (breakfast): 50% discount for Av & NC paying through the FS account. (Some items only)
- 10% discount on all payments made with an Aurocard.



The rooftop area has free Wi-Fi and is self-service during opening hours. *Matilde*

AUROVILLE BAKERY CAFE IN TOWN HALL

7:30am—4:30pm

The Cafe is open from 7:30am to 4:30pm, serving South Indian breakfast, crepes, wraps, sandwiches, omelettes, juices, and all of your other favorites from the Auroville Bakery Cafe. The Cafe also hosts an Auroville Bakery outlet, where you can find an assortment of breads, cakes, and croissants. In addition, for your convenience, advance orders placed at the the Auroville Bakery can now also be scheduled for convenient pickup directly at the new outlet.



Auroville Bakery & Cafe Team, from Mass Bulletin

NATURELLEMENT GARDEN CAFE

Open 9am—9pm, Tuesdays closed

We are extending our dinner timings to 9pm during February and March. The restaurant will be open from 9am to 9pm. Tuesdays closed as usual. Welcome!

Martina for Garden Cafe team

BELLA VITA: THURSDAY 50% DISCOUNT!

On Thursdays we will offer a 50% discount on our already low prices. (Drinks and baked goods will be excluded.) So welcome to try our Pizzas, Tarts, Salads and Wraps!

Martina for Bella Vita team



Verité
Integral Learning Center

VEGAN CAFE

TASTE OF YOGA

Raw | Gluten-free | No added sugar

Mon to Sat
08:30 - 16:30



Open Monday—Saturday, 8:30am—4:30pm

Taste of Yoga, the vegan café @ Verité Integral Learning Center, invites you to slow down and enjoy a moment of nourishment in a calm, welcoming space. We offer wholesome breakfasts, light lunches, and healthful snacks made with high-quality ingredients—many prepared in-house and some harvested from our kitchen garden. Each dish is thoughtfully created to support your body, mind, and well-being. *Hon*

NEEM TREE CAFE OFFER

Neemtree Cafe offers fresh fruits juices, wraps, dosas, parathas, tacos, salads, burgers, french fries etc:

- We are open every day **Monday to Saturday** @ Mahalaxmi park (Near Solar Kitchen). Sunday is holiday.
- Our prices are 20 to 200 only inclusive all taxes

Come and enjoy!

Parthasarathy Krishnan

SOUTH INDIAN BREAKFAST

@ Aurelec Cafeteria, 7:30—10am

Variety of Dosa and
Millets Pongal, Coffee
Rs.99

Submitted by Shiva



AUROMODE RESTAURANT IS OPEN

Monday to Saturday, 12—3:30pm & 6—9pm

We at the Auromode Restaurant are happy to announce that we are now open!

We look forward to seeing you all.

Pavithra for Auromode Restaurant



POUR TOUTS WATER FREE SERVICE

Pour Tous Water provides free service to the Aurovillians as part of the prosperity vision (service for all). This free labor service is supported through city services budget.

The parts & material costs need to be paid directly by the Aurovillians to the supplier as follow:

- NEFT through financial service or Gpay.
- Post completion of the work you will receive payment details through the PTW office.
- Hard copy of the material bill from supplier shall be sent thereafter.

For the work, please contact us at Pour Tous Water office numbers: 2622899, 9843644308 WA and Call

• ptw@auroville.org.in

Please note: Do not give any cash to any team member of PTW. We request to avoid calling our workers directly on their contact numbers.

*Danny, Grace
for Pour Tous Water team*



Your trust and encouragement inspire us every day to continue providing reliable and eco-conscious transport solutions for everyone: From **E-scooter and bike rentals to taxi and transport services, electric rickshaw pickups and drops, electric bike maintenance and delivery services**, we are honored to serve the diverse and vibrant needs of this incredible community.

Shared Transport Service

Shared Transport in Auroville is dedicated to offering **cost-effective travel options by arranging shared trips** between Chennai and Auroville. Additionally, we provide **local trips** within Auroville and Pondicherry.

- Taxi bookings can be made directly through our STS (ITS) office.

Location: ITS (Integrated Transport Service), Solar Kitchen Area, in front of PTDC, Auroville—605101

Contact: 8098776644/ 9442566256

• its@auroville.org.in

Rajesh.D



UTS TRANSPORT SERVICE



Open 24 X 7: Any Taxi bookings can be done directly to our UTS office. The contact numbers are:

- Landlines: 0413 2623586, 0413 2623587
- Cellphones: 9047015801
- Email: uts@auroville.org.in

Lakshmi for UTS

25%
discount at Kinisi Cowork for the same duration
Offer valid till 30th November

LOOKING FOR A NEW WAY TO GET AROUND?
Rent an e-cycle or e-scooter from Kinisi

CSR Campus, Auroshipam
hello@cowork.kinisi.in
+91-9429 690 049

SCAN ME

- Contact us: +91 9429690049, hello@cowork.kinisi.in

Laure

QUTEE ELECTRIC SCOOTER SERVICE

Many in Auroville are not aware that a quality service for all brands of electric scooters, and especially the ones (Hum-vee) made here over the years, is conveniently available. The Qutee service center is located near the Certitude entry of Auroville across from the Road Service just off the tar road before the Puncture Service.



New and old electric scooters can be repaired, maintained or replaced. Also battery services (recycle, repair, replace), Uninterrupted Power Supplies (UPS) and solar system services can be conveniently arranged. All work is coordinated by Govindaraj (Aurovilian) with decades of experience.

- You may call Qutee 9443372418/ WA 9092637055 or email govindaraj@auroville.org.in for any of your requirements. Upgrade to electric transport and solar power.

*Govindaraj & B
for Qutee Electric Scooter Service*

Book A Taxi 24/7

+91 9843880591

Office: (0413) 2220591, 2220592
Office cell: 8610915429
sunrisetaxi@auroville.org.in
www.aurovillesunrisetaxi.in

SARVAM COMPUTERS OFFERS RELIABLE SERVICE

Sarvam Computers is located in Utsav Complex. Sarvam Computer offers all types of computers sales and service, data recovery, all types of Apple device sales and services, office network and server setup, monthly and annual maintenances etc.



- Utsav Phase—1 A, First Floor, Vérité Radial, Auroville
- 0413 2622050, 9443211891, 9786953603
- FS account: 251263, sarvamcomputers@auroville.org.in

Bala

DOWNLOAD OR ACCESS DROPZY APP

Android: <https://play.google.com/store/apps/details?id=app.auroville.dropzy>

iPhone Browser Version:
<https://app.dropzy.in/public/dropzy>

Desktop: <https://app.dropzy.in/public/dropzy/desktop-version>



Sathish

AVDZINES

@ AVDzines building at Mangalam campus
(next to Wellpaper & Bamboo Centre)

You are also welcome to send your job via email and WhatsApp, see the data below.

- **Working Hours:** 9am—12:30pm & 2—5pm

Please follow the sign board kept on the side of the road.

- **Type of jobs that can be given:**

Printing,
Layout designing,
Passport Photos,
Package designing &
Manufacturing,
Photo framing &
Lamination
All kinds of boxes
& paper bags and
Screen printing.



- For **big works** we can deliver to your place. Please come over and support it.

avdzines@auroville.org.in, avdzines@gmail.com

9443459063 WA,
Guna for AVDzines

INSIDE INDIA



Itineraries & Ticketing

Whether you're dreaming of a mountain retreat or a coastal getaway, we're here to help. Inside India offers tailor-made travel itineraries across India and Sri Lanka.

- Write tours@insideindiaauroville.com to start planning.

Inside India Timings

- Inside India is open for your next journey
Monday to Friday, 10am—5pm at our Office in Kalpana Community (Opp. Auroville Library)
- We are open the second & fourth Saturdays of each month
- For **urgent matters or emergencies**, you may contact our ticketing agent Ganesh: +91 9894598686.

Shaheen for Inside India Team

HEMPLANET

Visit Hemplanet for a range of hemp-based products, including hemp oils, protein powders, hemp foods like granola bars and pasta, and body care products. All products are eco-friendly and perfect for a healthy lifestyle.



- **Location:** First Floor, Building 1, Auroville Main Road, Reve Area, Auroville
- **Opening Hours:** Monday to Saturday, 10am—4:20pm
- **Contact:** +91 8098021280/ +91 7824975821.

Davide

RAPID CARE SERVICES

Rapid Care Services is your trusted one stop solution for repair and maintenance and ancillary works since 2022. For more information or to schedule a service, please don't hesitate to contact us.



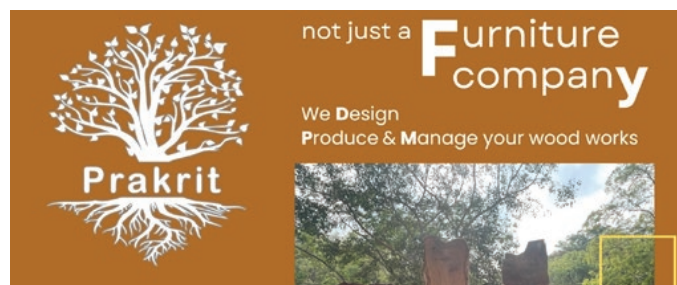
Services offered

Category	Service
Metal Works	Channels, Doors, Piping, Fabrication
Plumbing	End to End, Job works
Furniture	Repairs, Made to order
Masonry	Repairs, Renovations and Remodulation
Painting	End to End, Job works, Floor Waxing
General Maintenance	Fumigation, All Home Utilities, Fencing
Installations	Washer and Dryer, Air Conditioner, Inverter, Water filter, Security Camera
Electrical Works	Wiring, Metre box, Lights, Switches & Sockets, Motion sensor
Cleaning Service	Deep cleaning—House, Office, Guest house etc, Bathroom cleaning, Water tank cleaning Vacuum cleaning, mopping, dusting, floor polishing, polishing mirrors.
Landscape Design	Overall design of outdoor spaces, from entrances to courtyards and community areas.
Repair & Renovation	Roof leakage, alterations to a pre-existing structure or building, upgrades to an existing building, outdoor space, or existing infrastructure.
Transport Service	Load Carrier facility

- **Contact:** + 91 8270071581

- **Primary Email:** rapidcare@auroville.org.in
- **Secondary Email:** rcsrapidcareservice@gmail.com
- **Instagram handle:** @rapidcare1 **Balaji & Arun**

PRAKRIT



Dear fellow Architects, Interior Designers and Developers in Auroville, we at Prakrit extend to you our expertise in working with Solid wood, primarily design and production of furniture and furnishings ensuring sustainable production, effective management and superior quality.

Head over to our website www.prakrit.org.in to check out our portfolio of projects done in collaboration with various architects and businesses over past years. Reach out to us for enquiries and collaborative opportunities.

Mehul for Prakrit,
+91 9634424066

FRESH COW DUNG AVAILABLE

@ Siddhartha Farm

If you are interested, please feel free to call us
+91 8838012456. **Herbert**

FOODLINK MARKET

Monday—Saturday, 9:30am—12:30pm



We are open to volunteers, guests & visitors and we accept payments by FS account, Aurocard and UPI.

For more info: call/ WA +91 8300268804 or pass by.
Isabelle

ANNAPURNA FARM BASKETS

Annapurna Farm offers farm baskets of produce/ products (dairy, fruits, and grains) from Annapurna to connect with the consumers directly.

Residents/ volunteers/ guests can select from the range of produce/ products to order via google form. Orders are delivered to Foodlink & PTPS on Saturdays. Some of the produce/ products are exclusively available for CSA orders.

- We have a WhatsApp group to make weekly announcements for the order form links and occasional farm updates.
- Please scan the QR code to join the group or [follow this link](#).



Madhuri for Annapurna Farm

SURABHI SUPPLIES

Your one-stop shop for quality materials and equipment in Auroville! We offer discounted prices on construction supplies, appliances, machinery, and more through bulk purchases, saving you time and money.



- Contact us for all your procurement needs: surabhi-supplies@auroville.org.in

+91 9843846458 WA, Phone, Iyyappan

Classes, Workshops & Healing Arts

WEEKLY SESSIONS IN VEDIC PHILOSOPHY

Saturdays, 3:30—4:30pm IST

I host a free, weekly live session where we explore one idea from Vedic philosophy and reflect on how it applies to everyday life.



Each week, we take a concept from the Vedas, Gita, Upanishads, Yoga Sutras, or related texts, understand it in simple language, and sit with one small question or practice for the coming days. The sessions are conversational and reflective. About 30 minutes of sharing, followed by quiet reflection or a gentle interactive activity. This free to join.

You can join any week and step away anytime.

If this feels interesting, please register here:

<https://online.allthingsvedic.in/courses/Snippets-of-Hindu-Vedic-Philosophy-by-Vikram-Devatha>

Vikram

MINDFULNESS WITH HELEN

The sessions below are guided by Helen, a qualified Mindfulness teacher certified in Trauma Sensitive Mindfulness. Mindfulness Coaching packages & bespoke groups sessions are also available.

For details & bookings:

- 7094753054 WA or visit innersightav.org

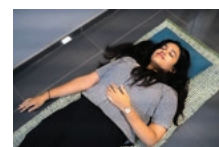
Saturday, 28 February, 2:30 —4:30pm	Letting Go	Mini-retreat
Monday, 2—Saturday, 7 March	Mindfulness Based Stress Reduction	1 week course

Letting Go, a mini-retreat

- Saturday, 28 February, 2:30—4:30pm

This mini-retreat will gently support you to cultivate the profound & powerful attitude of letting go.

The retreat is a carefully curated journey through mindfulness meditation practices & gentle movement interspersed by time for reflection & poetry for the soul.



Mindfulness Based Stress Reduction

- 1-week course
- Monday, 2—Saturday, 7 March, 2—4pm (Monday to Friday) and 9am—3:30pm (Saturday)

This evidence-based course blends ancient mindfulness practices with cutting-edge neuroscience research & offers practical tools to work with stress, anxiety, burnout, physical & emotional pain whilst building resilience, focus & presence.



It supports those facing work pressure, relationship struggles & health concerns as well as those wanting to see deeper into their patterns, mind & true nature. Suitable for beginners as well as those looking to deepen their practice.

Helen

LONELINESS LISTENING CIRCLE

Fridays, 27 February & 13 March, 6—8pm



Most of us share the experience of coming to Auroville because we could not fit into the old culture and values. Our aspirations, joy, and pain were not seen, heard, understood, or valued enough, which created a sense of loneliness. This sense of loneliness can stay within us, often without our awareness, even after coming to Auroville, and may limit the way we live here.

Loneliness can be present even when one has friends, relationships, or spends a lot of time with people, if one is not seen and heard for who they are and what they are experiencing. Often, it remains unspoken and quietly carried.

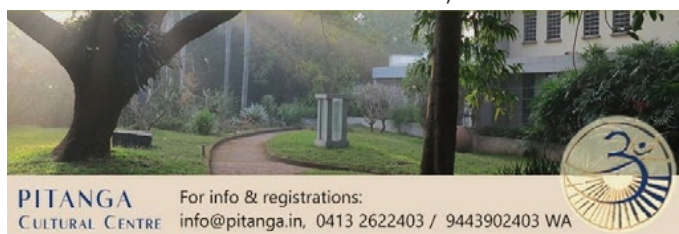
This listening circle intends to create a space for authentic human connection through sharing without the fear of being judged, and through pure listening without thinking of a reply.

All participants are required to consent to a confidentiality agreement before joining the circle. No contribution is expected; you may offer a donation for the hall if you can. Guests are also welcome to join the circle.

- [Register here](#) before 5pm on the day of the circle.

Raamkumar, 9943211101

PITANGA CULTURAL CENTRE, FEBRUARY



Holiday Closure: Pitanga with remain closed to the public on Saturday, 28 February for Auroville's Birthday

Yoga and Classes

Days	Drop-in Classes	Timings	Presenters
Monday	Sivananda Hatha Yoga	7:30–9am	Nikki
	Yoga Therapy, not on 2/03, 9/03	8–9:30am	Gala
	Doing No-Thing Consciously	4:15–5:15pm	Mike
	Iyengar Yoga, not on 2/03	5–6:30pm	Olesya
Tuesdays	Yoga: Restore & Relax	4–5:30pm	Florina
	Kundalini Yoga	5:30–7pm	Bel
Wednesdays	Sivananda Hatha Yoga	7:30–9am	Nikki
	Yoga Therapy, not on 4/03	8–9:30am	Gala
	Dynamic Yoga Flow	5:30–7pm	Florina
Thursday	Iyengar Yoga, not on 26/02, 5/03	6:45–8am	Olesya
	Prana Kriya	7:30–9am	Florina
	Aviva Exercise—for women only	4:30–5:30pm	Suriya-gandhi
	Iyengar Yoga, not on 26/02, 5/03	5–6:30pm	Olesya
	Yoga: Restore & Relax	5:30–7pm	Florina
Friday	Pranayama, for former “The Art of Living” course participants	6:45am–8:15am	François & Namrita
	Yoga Therapy, not on 6/03	8:15–9:45am	Gala
	Feldenkrais	5:15–6:15pm	Shari
	Dynamic Yoga Flow	5:30pm–7pm	Florina
Saturday	Iyengar Yoga, not on 28/2, 7/03	6:45–8am	Olesya
	Breathing & Mudras, not on 7/03	8–9:30am	Gala
	Kundalini Yoga	10–11:30am	Bel
	Truth Based Relationships, practical sessions	2:30–4:30pm	Juan Andres
	Iyengar Yoga, not on 28/02, 7/03	5–6:30pm	Olesya

Classes by Prior Registration

Days	By appointment	Timings	Presenters
Thursday	Neurographica®—Art Therapy for adults/ families, not on 5/03	3–5pm	Gala
Monday to Friday	Ashtanga Yoga (self paced)	9–11am	Monica M.
Saturday	Ashtanga Yoga (led primary series)	9:40–11:10am	Monica M.

Youth Activities

These are ongoing educational programs and not drop-in classes. If a child is interested, parents need to talk to the teacher before joining the class.

Days	Drop-in Classes	Timings	Presenters
Monday, Wednesday	Teen Yoga	4–5:15pm	Lisbeth, Florina

These classes are for the teenagers from AV schools. Parents are invited to register their children with Lisbeth at the start of the school season. Florina takes the classes in Lisbeth's absence.

Healing Space

Presenter	By Appointment
Afsaneh	Bio-Resonance (with Bi-Com machine), NA Chiropractic, NA
Anne H	Cranio Sacral Technique
Auromira	Shamanic Healing
Francesca F	Antigymnastique®
Gaspard	Sound Healing Therapy with Singing Bowls
Heidi S	Acupuncture
Juan	Thai Yoga Massage
Olesya	Visceral Massage Neurology Massage Psychosomatic of diseases Women's Health Therapy
Rosalba	Bach Flower Counselling
Swati R	Movement Therapy for infants and young children
Veronique D	Syntropy Insight Bodywork

Pitanga joins Auroville's journey toward a cashless economy. Contributions are digital—either by FS account, Auro-card or UPI payment. Thank you for letting your guests know! If you wish to receive our program of activities by email or WhatsApp, please write to us. See you at Pitanga, with a smile!

Anandamayi for Pitanga Team,
2622403/ 9443902403 WA, info@pitanga.in

LEELA THERAPY

This therapy is for those ready to receive loving and skilful support in addressing personal challenges and discover their own resources of confidence, creativity, power, intelligence and self-love.

Offered by Kardash, a certified psychotherapist, whose training has been based on the wisdom and techniques of:

- Ericksonian Clinical hypnotherapy; Neurolinguistic programming (NLP); The Enneagram of Character Fixation; Nondual insights for ego transcendence

Leela therapy is a unique combination of true support for waking up from ego, and trauma informed private therapy. Meetings can be in-person in Auroville or online.

For more details see www.innersightav.org or

- contact Kardash +91 9940934875 WA

Kardash

AUROMODE SPA OFFERS COSMETOLOGY SERVICES

Auromode SPA, offering services like facial, pedicure, manicure, waxing, threading, haircuts and hair coloring.

Working from Monday to Saturday **only by appointment call or WA: 9443635114.**

Meha for Auromode SPA



QUIET HEALING CENTER



www.quiethealingcenter.info,
quiet@auroville.org.in

+91 9488084966, Mobile & WA

Watsu® Yoga Round with Tamara

- **Tuesday, 3 March, 3—6:30pm**
- **Prerequisites:** no previous experience required (also no need to know how to swim).

Watsu Yoga Round is a powerful tool for deep relaxation and inner peace. It focuses on listening to the body and being present, offering a way to reconnect with your heart and experience an inner silence that is fully alive and vibrant.

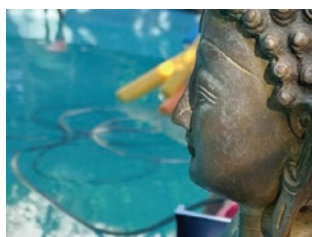


When immersed in warm water during the Watsu Yoga Round, the body is free from the effects of gravity. The flow of movements and stretching, alternated with moments of stillness, invite progressive well-being: body and mind become free to dance! Watsu Yoga Round is an invitation to feel, awaken, and celebrate the energy of your being.

Watsu® & Meditation with Watsu India Team

- **10—11 March 8:45am—6:30pm, 15 hours**
- **Prerequisites:** Watsu® Basic

Meditation is an important tool for listening, accepting and knowing ourselves, as well as becoming more intuitive towards others. Through exercises on land and in water, we will cultivate awareness of the present moment, aiming to enhance the innate quality of presence within each of us. Cultivating this quality will help us to more intuitively connect with ourselves and with our receiver during a session.



Woga® 1&2 (Yoga in Water) with Tamara & Prema

- **18—19 March, 8:45am—6pm, 12 hours**
- **Prerequisites:** no previous experience required (also no need to know how to swim).

Woga is a combination of two words: water and yoga. It is based on classic yoga poses and stretches, modified for standing in water that is waist-to-chest height.



Woga focuses on Hatha Yoga in water, including asanas performed in standing position, against the wall, in floating position, and under water. The course also includes pranayama and meditation.

Classes follow a structure similar to land-based yoga: breathing exercises, warm-ups, a series of poses, and a relaxation period. The key difference is that you are in a warm water pool! Swimming skills are not required.

By reducing the effects of gravity, water allows ease of movements, unblocks joints, lengthens and relaxes muscles, alleviates negative tensions, and prevents stress, insomnia and anxiety.

Clinical Watsu® 3 with Elisa Munoz Blanco

- **20—25 March, 8:45am—6:30pm, 50 hours**
- **Prerequisites:** Watsu 2 & DoM Watsu 2.

This advanced course is designed for students, who have demonstrated mastery of Watsu 2, as well as certified practitioners eager to expand their clinical skills and therapeutic applications of Watsu.



Discover fascia as a dynamic, integrative system—the connective tissue that links every part of the body. Through mindful movement and stillness, you'll explore the body's inherent unity and learn to restore the natural communication between its parts, reawakening the body's capacity for healing.

During this six-day journey, you'll be guided through a carefully structured "menu" of techniques, allowing you to approach the body holistically, always respecting its natural rhythms and inherent movement.

Tantsu® 1 with Xavier Boisson & Dariya

- **25—31 March, 8:45am—6:30pm, 50 hours**
- **Prerequisites:** no previous experience required

During the first four days, you will be exposed to the basics of Tantsu: cradling someone in a comfortable hold, which gives access to a deep level of relaxation and stillness. The micro-movements that appear will guide your movements, stretches and rotations of shoulders, arms, hips and legs, thereby releasing blockages in the energy flow.



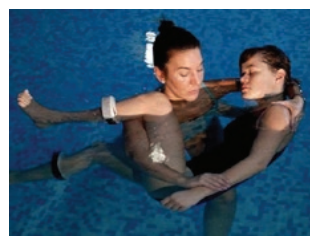
The following two days will take you deeper into body-listening and exploration of various possible body movements. You will also gain knowledge about meridians, hara, and the connection between mind and body.

In Tantsu, the unconditional holding of Watsu is brought back onto land. It offers a deep state of listening and creates an unconditional union and cradle of connected breath and presence. The trust established by this cradle and its creative exploration make it ideal for giving a Tantsu session to anybody.

Watsu® 1 with Elisa Munoz Blanco & Fred

- **27 March—1 April, 8:45am—6:30pm, 50 hours**
- **Prerequisites:** no previous experience required

Created by Harold Dull in the 1980s, Watsu is given in a warm water pool (ideally 35°C) and known as the mother of all other aquatic bodywork modalities. In this course, you will first learn the basic movements and positions of Watsu. Then, you will connect them with long, gracefully flowing transitions and adapt to people of different sizes, shapes, and dispositions.



You will also practise basic qualities such as grounding, presence, stillness, and attention in moving another person in water. You will experience floating others and being floated, thereby creating space for deep relaxation and nurturing body, mind and spirit.

By the end of this course, you will have learnt the complete Watsu 1 sequence for further practice sessions till you feel ready to move on to Watsu 2.

Guido

ARKA WELLNESS CENTER PROGRAM

February

arka@auroville.org.in, 0413 2623799



Treatments

Therapist	Treatments, When
Pepe	- Body Logic, Soft Massage, Deep Tissue Massage - Monday to Saturday By appointment, +91 9943410987
Silvana	- Cranio-sacral, Lomi Lomi, Kahuna massage, Barefoot body massage - Monday to Saturday, by appointment only +91 9047654157
Antarjyoti <i>English & French</i>	- Psychospiritual Introspective Tarot Reading - Deconditioning Self Inquiry - I Ching oracle - Inner/subpersonalities forces awareness Monday to Sunday, by appointment only 0413 2623767, antarcalli@yahoo.fr
Niyati Thakkar	- Integral Regression therapy - Integral reiki healing - Holotropic technique breathwork Monday to Sunday, by appointment only +91 7041391995, narayani-nc@auroville.org.in
Shruti	Physiotherapy, in Orthopedics. Neck pain, Frozen shoulder, any shoulder related pain, Low back pain, Knee pain, Heel pain, Muscle injury, Ligament injury, injuries, Sciatica, Post fracture/ Surgical rehabilitation, Stroke/ Paralysis, Facial palsy/ Bell's palsy, General fitness, Ergonomic advice By appointment only, +91 7904769496 auroshruthi@auroville.org.in

Services

Aurokiya: Eye care center

- Monday to Saturday, 9am—12:30pm, 1:30—5pm
- +91 8012305151,
- aurokiya@auroville.org.in

Morning Star: Birth & women wellness

- morningstar@auroville.org.in

Maatram: Psychological & psychiatric consultation

- By appointment,
- +91 9087709434
- maatram@auroville.org.in

Convalescence Facility: Post-surgical and care facility

- For Aurovilians only, max. stay 3 weeks
- Contact Arka 0413 2623799,
- arka@auroville.org.in

Emergency Services: Ambulance & emergency service

- +91 9442224680,
- ambulance@auroville.org.in

Svasti: Homeopathic consultation

- By appointment,
- +91 9428429642
- adititva@auroville.org.in

Health & Healing Trust: Administration office

- healthhealingtrust@auroville.org.in

Classes

Teachers	Classes	When
Damien	Acroyoga	By appointment only, +91 9047722740
Teresa	Pilates	Tuesday & Thursday, 7:30—8:30am By appointment only, +91 7867998952
Aurosugan & Priyanka	Eye yoga and wellness retreat	Monday to Sunday, 7—8am By appointment only +91 8012305151/ 9704258709

For any details and queries, you can contact us at

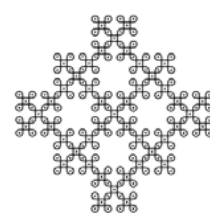
arka@auroville.org.in, 0413 2623799

Ramana, Arka

ACTIVITIES BY GRACE GITADELILA

KolamYoga

KolamYoga offers one off Introduction sessions and/or Initiation sessions into the Integral 12 sessions foundation course. Develop power, beauty and knowledge in gestures guided through ancient symbolic scripts made contemporary. Return to deep relationship with yourself and Nature. Learn how to place yourself in its protection.



- <https://youtu.be/IErbDiGJVTA?si=z5yoS-chugMMnM6a>
- www.kolamyoga.com
- Book appointment with Grace Gitadelila, +91 8072449091 WA

Kotree Yoga

Private one on one sessions with Grace Gitadelila. Who has four decades of experience working with the body as a vehicle of expression, a carriage, a house, a temple in infinite manifestations of creations aspiration.

Gentle, strong movements, in chain sequence, held poses, alternated with rest and active guided recovery pauses, are fueled by conscious breathing. Each session inviting more and more a conscious integration of a whole beingness into the present moment. Activating wellbeing in a flowing liquid body.

- <https://youtu.be/DvxK5KR6u3M?si=cOdDK2YbtPs-ErYG>
- Book appointment with Grace Gitadelila, +91 8072449091 WA

Grace

DAILY PRANAYAMA CLASSES with Ramesh

Monday—Friday, 7:30—8:30am
@ Hall of Light, Creativity

Drop in for a pranayama class Monday to Friday mornings 7:30 to 8:30am at Hall of Light, Creativity Community. We will be doing light asanas, guided breathwork and meditation.

Drop-in contribution:

- 400/- for guests
- 300/- for Creativity guests
- 200/- for volunteers
- By donation for AV and NC

For more information, contact Ramesh:

- 9845168490, rameshbalasubramaniam@auroville.org.in

Ramesh



VÉRITÉ PROGRAM, FEBRUARY

www.verite.in

- 0413 2622045, 2622606, 9363624083
or programming@verite.in, www.verite.in



Classes

Days	Drop-in Classes	Timings	Presenters
Mondays	Yoga Asana: Deep Stretch & Relaxation	7:30—8:30am	Radha
	Tristhana Practice	9:15—10:15am	Keshav
	Gentle Energy Flow Asanas	10:45—11:45am	Mani
	Restorative Yoga (no class on 9 Feb)	3:30—4:30pm	Mani
	Deep Sound Bath	5—6:30pm	Satyayuga
	Hatha Vinyasa Yoga	5—6pm	Andres
Tuesdays	Sivananda Hatha Yoga	7:30—8:30am	Nikki
	Yogasana, Pranayama & Relaxation	9:15—10:15am	Mani
	Pranayama & Vocal Toning (no class on 10 Feb)	3:30—4:30pm	Nikki
	Yoga Nidra: A Journey to Stillness	5—6pm	Radha
	Dance of the Chakras	5—6:30pm	Lakshmi
Wednesdays	Yoga Asana: Deep Stretch & Relaxation	7:30—8:30am	Radha
	Sivananda Yoga	9:15—10:15am	Mani
	Hatha Yoga & Mobility	10:45—11:45am	Bijou
	Hatha Yoga	3:30—4:30pm	Ivana
	Hatha Vinyasa Yoga	5—6pm	Andres
	Free Flow Wave	5—6:30pm	Vera
Thursdays	Sivananda Hatha Yoga	7:30—8:30am	Nikki
	Yogasana, Pranayama & Relaxation	9:15—10:15am	Mani
	Open Heart Space Meditation (no class on 12 Feb)	03:30—4:30pm	Samrat
	Deep Sound Bath	5—6:30pm	Satyayuga
	Shamanic Breathwork & Free Movement	5—6:30pm	Lakshmi
Fridays	Yoga Asana: Deep Stretch & Relaxation	7:30—8:30am	Radha
	Somatic Yin Yoga (no class on 13 & 27 Feb)	9:15am—10:15pm	Radhika
	Ecstatic Dance	5—6:30pm	Bijou
	Surya Kriya & Yoga Nidra with Live Music	5—6pm	Munay & Sitara
Saturdays	Pranayama & Meditation	7:30—8:30am	Radhika
	Deep Sound Bath	5—6:30pm	Satyayuga
	Cosmic Dance Wave	5—6:30pm	Sandyra

Therapies: Pre-registration required

Therapist	Therapies (by appointment only)
Anu	Yoga Chikitsa: Personalized Yoga Therapy
Ashok	Thai Yoga Massage
	Biodynamic Craniosacral Therapy
	Food is Medicine: Lifestyle Health Practices Consultation
	Healing Facial Therapy: An 8-Step Skin Care Treatment with Indigenous Herbs
Mamta	Head Massage & Hair Care with Indigenous Herbs
Mani	Integrated Ayurvedic, Acupressure, Deep Tissue & Heart Healing Massage
	Healing Sound Bath with Tuning Forks
Mila	Heart-Centered Resilience
Parvathi	Physiotherapy & Rehabilitation
	Aromatherapeutic Massage for Face and Feet
	Energy Healing Reiki
Raja	Holistic Foot Reflexology
Satyayuga	Holistic Rebalancing Massage
Susan	Yoga Chikitsa: Personalized Yoga Therapy
Veermani	Thai Yoga Massage
Vyshnavi	Biodynamic Craniosacral Therapy
	Food is Medicine: Lifestyle Health Practices Consultation
	Healing Facial Therapy: An 8-Step Skin Care Treatment with Indigenous Herbs
	Head Massage & Hair Care with Indigenous Herbs

Workshops: Pre-registration required

Day & Date	Workshops, pre-registration required	Timings	Presenters
Friday—Sunday, 27—28 February & 1 March	Conscious Relating Course	9:15am—4:30pm	Ananda

Prana: Life Energy Mastery with Ananda

- Thursday, 26 February, 9:15am—12:15pm

Master your breath, and life flows with clarity, strength, and peace. Prana Energy Mastery is a transformative course designed to awaken, strengthen, and skilfully channel your life energy. Through breathwork, yogic techniques, meditation, and energy science, you learn how to build vitality, clear energetic blocks, enhance immunity, and align your mind and body with your true potential.

It is not just physical training—it is a holistic awakening of vitality, clarity, and inner freedom.

Conscious Relating with Ananda

- Friday to Sunday, 27—28 February, 9:15am—4:45pm

“Presence and Love nurtures to share our gifts”

“What we see in Others could be a Reflection of Ourselves”

Conscious Relating is a transformative journey to empower how we connect, how relationships can heal, nurture, and evolve us. It is a journey from reaction to response, from seeking love to being and sharing love, and from unconscious dependency to co-creative partnership.

Hon

SITARA MUNAY-KI YOGA



With Sitara: Meditation Yin Yoga Sound Journey

- Mondays 10:30am—12pm @ Hall of Light in Creativity
- Thursdays 10:30am—12pm @ New Creation Studio

In this class, accessible to all levels, Sitara will teach her favorite combination of meditation, yin yoga and sound journey. Yin yoga uses gentle, long-held poses to release deep tension and increase flexibility. Combined with sound healing, it brings a calming and restorative experience for body, mind, and spirit.

With Munay: Surya Kriya Yoga Tibetans Rites

- Wednesdays 11—12:30 @ New Creation Studio
- Fridays 10:30—12 @ Hall of Light in Creativity

This is a combination of ancient Yogic practices, including a full Shamanic journey during shavasana, to energize and rejuvenate body and mind, and connect with higher consciousness.

With Munay and Sitara:

Surya Kriya & Yoga Nidra with Live Music

- Fridays 5—6pm @ Vérité

Surya Kriya is a sacred yoga sequence that aligns body, breath & consciousness with the solar principle—the source of light & life. You will be guided through the traditional flow of Surya Kriya, followed by Yoga Nidra, with live handpan & flute music, to carry you into stillness & radiant presence.

Locations:

- [New Creation Studio](#) is on the second floor of the building just after La Piscine in the Auroville Community of New Creation. Stairs in the narrow pathway alongside the pool's brick walls.
- Hall of Light is in Creativity Community, in the center of Auroville.
- [Vérité](#) is an Auroville project for integral learning, living & yoga.

Other details:

- Drop-in classes, Guests Rs600, Aurovilians Rs200
- In Vérité: Guests Rs400, Volunteers Rs200
- Check our website for more info and updates: sitaramunay-kiyoga.org

Munay (Giovanni)

AUTHENTIC RELATING



Dave

REGULAR YOGA CLASSES @ BHARAT NIVAS

@ Progress Hall, Bharat Nivas

Thursday, Friday, Saturday, Sunday & Monday
(5 days a week), 5:30—7pm

Style: Vinyasa Flow (Beginner to Intermediate friendly). Contribution:

- Drop-in only: Rs.500 per class for guests and non-Aurovilians.
- Regular students may shift to a monthly fee structure
- Aurovilians, Newcomers and Volunteers Rs.200 per class

Additional Notes:

- Please bring your own yoga mat. A few mats are available to borrow if needed.
- Arrive 15 minutes before class to find your spot and relax into the serene atmosphere of Bharat Nivas.

Let us begin this journey of learning, energy, and balance together on this sacred day. Everyone is welcome!

Monisha, BN Team



WORLD GAME FOR ADULTS AND CHILDREN

"Where contemplation meets playfulness and transformation."



This is an opportunity to be creative, to be able to express your own individuality and your unique, living soul. Tradition of Auroville since its creation, the world game is used as a tool to "know oneself", this being the core of all learning. Facilitated by Aikya.

- Duration: 1.5 Hour.
- Individual session or together with a good friend.
- Price for 1 person: Rs 1500; for 2 people Rs: 2000
- Discounts available for Aurovilians, Newcomers and Savi Volunteers.
- Languages: English, Francais, Nederlands.

+919488084952 WA, Aikya

VIPASSANA GROUP SIT

Sunday, 1 March, 9am—12pm

@ Udavi school, near tank, Edayanchavadi

Dear Meditators, you are all very welcome to the weekly half-day Vipassana meditation course for "old students" only (meaning for those who have completed at least one 10-day course as taught by SN Goenka).

- First building to the left near the parking.

[Location.](#)

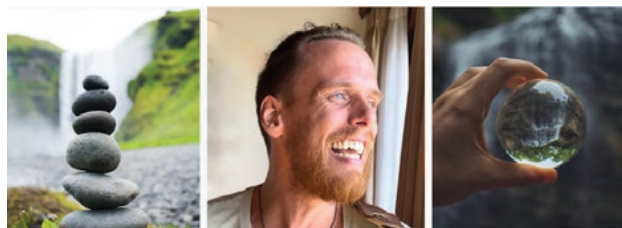
No registration is required.

You can come for the whole course or just drop in for some time whenever you want. Please keep your cell phones off or in airplane mode for the duration of the course.

8807434864, Laure



INTEGRAL UNFOLDMENT: Transformational Coaching



Ready to go deeper? Explore your inner world gently, at your pace, with presence, curiosity & compassion.

Whether you're navigating life changes, seeking purpose, or feeling called to reconnect deeply with yourself, I offer 1:1 sessions grounded in presence, parts work, and embodied wisdom. Curious to explore what's unfolding in you? Let's have a conversation...

By Dave (JOI Anitya), +44 7564119728 WA

JAPANESE YOGA

16 February—1 March
@ Auroville Budokan, Dehashakti

- Mondays to Fridays, 2:30—3:30pm
- Saturdays, 4:30—5:30pm
- Sunday, 10—11:30am

Contact Michael:

- +33 6220 53932 WA

Cristo



KAYA BODHA WORKSHOP

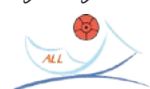
Every Friday, 10:30am—12:30pm
@ Budokan dojo (Dehashakti sportground)

Kaya Bodha: Body Awareness & Relaxation, Releasing tension, Becoming Calm and Agile

- Gentle movements of contraction and release.
- Relaxation techniques. **8110848123 WA, Hans**

Languages

NEWS FROM Auroville Language Lab



Language Lab Building Tours with Mita

Mita warmly invites you to discover the Auroville Language Lab building through a guided tour highlighting its thoughtful design and inspiring approach to sustainable, healthy, and conscious construction.

- Every Saturday
3—3:45pm, by free contribution
- Registration mandatory by Friday, **no drop-ins:**
+91 98430 30355
- **Drop-ins:** Also welcome, open to everyone

Come explore this stellar example of mindful architecture and learn more about the vision behind the building. We look forward to welcoming you!

Courses

Current Schedule of Classes as of 26 February, 2026

- <https://aurovillelanguagelab.org/current-schedule/>.

New! Symbols, Stories & Speech

- **Mandarin Chinese Through Art and Culture**
Level A1, Beginner Friendly

We are delighted to invite you to a unique and creative Mandarin learning journey at the Auroville Language Lab. This special beginner course blends language, art, culture, and conversation into one joyful experience.

Teacher Shiju Hsieh, National Taiwan Normal University, PhD student in Teaching Mandarin Chinese as a Second Language

- 9 March—30 April, 16 sessions (16 hours)
Tuesday & Thursday, 2:30—3:30pm
- Level: A1 (Complete Beginners Welcome)

Discover Mandarin through art, stories, and real-life conversations. In this course, you will:

- Paint ancient Chinese characters
- Speak with growing confidence
- Explore vibrant cultural traditions
- Build practical survival communication skills

This joyful beginner course nurtures global awareness and intercultural friendship, while developing strong foundational language skills.

Course Goals:

- Functional survival communication in Mandarin
- Foundational literacy in Traditional & Simplified Chinese
- Cultural immersion & intercultural awareness
- Embodied learning through calligraphy & symbolic thinking
- Community-based dialogic learning,

Each Session Includes

- Oracle Bone Script (甲骨文) Brush Exploration
- Survival Conversation Practice
- Cultural Experience

This course is ideal for anyone curious about Mandarin language and Chinese culture, and especially for learners who enjoy creative, embodied, and community-based learning.

- Please register, contacts at the end of article.

• Mandarin Survival Conversation for Living in Taiwan & China, Level: A1—A2

Planning to live, volunteer, study, or travel in Taiwan or China? This Mandarin Survival Conversation course is designed to help you communicate with confidence, cultural sensitivity, and ease in everyday situations. Led by Shiju Hsieh, PhD student at National Taiwan Normal University, specializing in teaching Mandarin Chinese as a second language, this course offers a highly practical and interactive approach to spoken Mandarin.

- 2 March—2 April, Monday to Friday, 11am—12pm,
Total duration 24 hours
- Format: 100% interactive speaking class

This course emphasizes mindful communication, respectful intercultural dialogue, and real-life survival skills, supporting learners as they navigate daily life in Mandarin-speaking environments.

Students will:

- Recognize basic Chinese characters and build speaking confidence
- Practice authentic daily conversations
- Develop listening comprehension
- Understand Taiwanese and Chinese social norms
- Engage in cooperative pair and group dialogue

Each class includes:

- Warm-up (10 min)
- Core functional language (20 min)
- Guided dialogue practice (20 min)
- Reflection & cultural insight (10 min)

Topics include: Self-introduction; Numbers & phone communication; Ordering food in local restaurants; Bubble tea culture; Asking for directions; Daily life & transportation; Shopping at traditional markets; Talking about food preferences; Invitations & plans; Health & practical matters; Festivals in Taiwan & China

This course is ideal for learners seeking practical Mandarin for real-world use, taught in a supportive and engaging learning environment. Please register, contact below.

New Beginner German Course (A1.1) with Verena

We are happy to announce a new Beginner German (A1.1) course starting Tuesday,

- 3 March 2026, with Verena, a native German speaker.
- Tuesdays & Fridays, 9—10:30am
36 hours total, spread over 3 months

This course is designed for complete beginners and offers a balanced introduction to listening, speaking, reading, and writing, with a strong focus on practical, everyday communication. A warm welcome to anyone curious to begin their journey with the German language. Registering early will help in getting the minimum number of students to launch the course.

- Please register, contacts at the end of article.

Gibberish Lab — Beyond Words with Siddharth

A new experiential course. The Gibberish Lab is a 3-month experiential journey inviting participants to step beyond structured language and rediscover the joy, spontaneity, and deep connection that can arise through communication without words.

Through playful exploration and embodied expression, this course opens a space where meaning emerges naturally—beyond grammar, beyond labels.

- Starts 28 February, Saturday, 4—5pm
- Drop-ins: Possible

Open to anyone curious to explore communication in a freer, more intuitive way.

New English for Beginners with Ashwini

Join our beginner English course and build confidence in listening, speaking, and everyday communication. Learn essential vocabulary for daily life, shopping, travel, and simple conversations.

- Starts 3 March, 24 hours (over 3 months)
- Tuesdays & Thursdays, 5:45—6:45pm
- Please register, contacts at the end of article.

English Intermediate with Ashwini

Ready to take your English to the next level?

Join Ashwini for a practical and engaging Intermediate English course designed to strengthen your spoken English through real-life conversations and clear, useful grammar.

- Started: 19 January, 16 hours over 2 months (possibly extended)
- Mondays & Fridays, 5—6pm
- Please register, contacts at the end of article.

Beginner French with Jean-François

This 16-hour, 2-month course, is ideal for those who want to discover the French language. The classes are highly interactive, covering vocabulary of everyday life and the basics of grammar. By the end of the course, you will be able to make simple sentences useful for interaction, and talk about your work, hobbies, daily life, in a simple way.

- Started 28 January
- Monday and Wednesday, 2:30—3:30pm.

French with Jean-François (Intermediate level)

This 16-hour, 2-month course, is ideal for those who possess a little knowledge of French but are not yet comfortable conversing. The course will focus on day-to-day topics and will be a good mix of grammar, verbal as well as written exercises. By the end of the course, students will be able to communicate in the present, past and future tenses. Students can join the class at any time.

- Started 27 January,
- Tuesday and Thursday, 2—3pm.

Elementary French with Jean-François (post-beginner level)

This 16-hour, 2-month course, is ideal for those who already possess a beginner-level knowledge of French. Perfect for learners beyond the basics, the course will focus on day-to-day topics and will be a good mix of grammar, verbal as well as written exercises. Students can join the class at any time.

- Started 29 January,
- Tuesday and Thursday, 3—4pm.

It's back! Dive into French with Isabelle—Intensive 2-Week Course

The very popular course combines one hour of lively conversation sessions with Isabelle with one hour of interactive practice in our Mediatheque. With this balanced approach, you'll gain confidence, fluency, and a deeper understanding of the French language.

- Starts 2 March, Monday to Friday, 11am—1pm
- Total 20 hours (10 hours with the teacher and 10 hours of Mediatheque practice).
- Spots are limited to five (5) participants.
Early registration is highly recommended.

Tamil (Beginner) with Saravanan

Designed for beginners to build spoken Tamil for daily communication.

- Starts: 16 February, 24-hours course over 3 months
- Mondays & Wednesdays, 5:30—6:30pm

Tamil (Intermediate) with Saravanan

Learn Tamil in a friendly group setting. This Beginner Course focuses on spoken Tamil and everyday communication with practical, simple activities.

- Starts: 17 February, 24-hours course over 3 months
- Tuesdays & Fridays, 9:30—10:30am

Film Shows

Two documentary films, one on the Alfred Tomatis method (48 minutes) and one on the special features of the Language Lab building (27 minutes) are available on our new website and at the Lab, where you are welcome to come and watch them. All are welcome.

Reminder about our free Evening Programs

The evening conversation sessions are a chance for all to practice speaking with native speakers offering their time. Barring indicated exceptions, these sessions usually happen weekdays from 5—6pm (barring exceptions) as follows:

- **Mondays:** French, 5—6pm
 - with Isabelle (1st, 3rd and 5th week of the month)
 - with Coco and Gaspard (2nd and 4th week of the month)
- **Tuesdays:**
 - Spanish Conversation Intermediate w/ Joana
- **Wednesdays:**
 - Sanskrit chanting with Remesh 5:30—6:30pm
 - The Mother's Entretiens: A series of Reading and Discussion Sessions, 5—6pm by Jean-François, French teacher at the Auroville LLab. Started 12 November.
Practice French and Explore the Mother's Vision.
- **Thursdays:**
 - English conversation with Alex, 5:30—6:30pm
- **Fridays:**
 - Hindi conversation with Anu, 5—6pm

Current Schedule of Classes, 26 February

- <https://aurovillelanguagelab.org/current-schedule/>

	Description/ Level/ Teacher	Duration/ Cycle	Time & Day(s) of Classes
English	Pre and Intermediate speaking & communication with Riki	8-Hour Monthly Always ongoing	10:30–11:30am, Tuesday & Thursday
	Intermediate with Ashwini	16-Hour, 2 Months Started 19 January	5–6pm Monday & Friday
	Beginner with Ashwini	24-hour 3 months Starting 3 March	5:45–6:45pm, Tuesday & Thursday
French	Beginner with Jean-François	16-Hour, 2 months, 28 January	2–3pm, Monday and Wednesday
	Intermediate with Jean-François	16-Hour, 2 months, 27 January	2:30–3:30pm, Tuesday & Thursday
	Elementary with Jean-François	16-Hour 2 months 29 January	3–4pm Tuesday & Thursday
	Intensive with Isabelle—NEW!	20-hours 2 weeks Starting 2 March	11am–1pm Monday to Friday
Mandarin Chinese	Survival Conversation with Shiju Hsieh	24-hours 1 months, 2 March	Monday to Friday 11–12noon
	Mandarin Chinese through Art and Culture with Shiju Hsieh	16-hours 2 months, 10 March	2:30–3:30pm, Tuesday & Thursday
Tamil	Beginner with Saravanan	24-Hour, 3 months, Starting: 16 February	5:30–6:30pm Monday & Wednesday
	Intermediate with Saravanan	24-Hour, 3 months, 17 February	9:30–10:30am, Tuesday & Friday
Hindi	Beginner Hindi with Ashwini	16-Hour, 2 months, started 1 December	3:30–4:30pm, Monday & Friday
Spanish	Beginner with Mila	30-Hour, 3 months, Presentation date: 1 December	4–5:30pm Monday & Wednesday
	Intermediate with Joana	12-Hour, 2 months, Started 6 January	3:30–5pm, Tuesday
German	Beginner with Verena	36-Hour, 3 months Starting: 3 March	9–10:30am Tuesday & Friday
Gibberish	Beginner with Siddharth	12-Hour, 3 months Starting 7 February	4–5pm Saturday

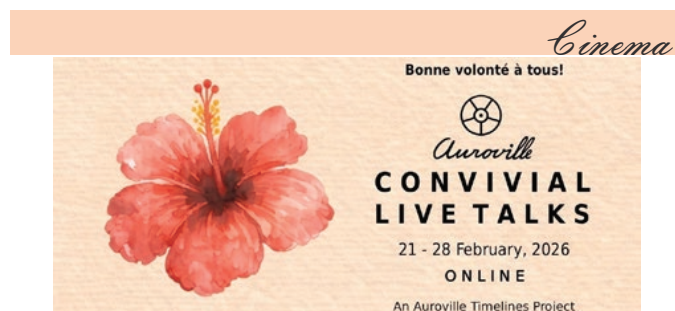
Private one-on-one classes possible for all languages; please inquire.

Communication with the Lab:

Service through our BSNL phone numbers:

- 2623661 (Lab) and 2622467 (Tomatis).
- **For language-related matters:**
+91 9843030355WA.
- **For Tomatis:**
please use 0413 3509932.
- [Language Lab Brochure](#)
- **Register now:** info@aurovillelanguagelab.org or www.aurovillelanguagelab.org/registration

Mita, Mano, Louis & Enzo for Language Lab



Time (IST)	Name	Title
26 February		
3:30–4pm	Bala Bhaskar	Eight Years with the Auroville Foundation
4–5pm	Giovanni, Radhika & Kaia	From Inner Work to Collective Intelligence—How Communities Flourish
5–5:30pm	Vajrasara	Auroville- the power of the idea: an analysis of Auroville as a model of anti-capitalist and anti-imperialist resistance
6:30–7:30pm	Samrat	Auroville, a microcosm within the macrocosm
	Aurelio	
7:30–8:30pm	Henrik Dutz (Aurovilian)	How can collective Wisdom go beyond polarization and the Tyranny of the Majority?
	Vaishnavi Presingu	A Call to Progress: Auroville as a Field of Sādhana
27 February		
3:30–4:30pm	Divyanshi Chugh	The Joy of No Possession: Experiments in Collective
	Sanjana Reddy	What Does It Mean to Live in a City in Service of Truth?
4:30–5:30pm	Rama Narayana	Is Auroville the Chariot of Jagannath?
	Jonah	
6:30–7:30pm	Frederick	Bridge
	Larry	
28 February		
3:30–5:30pm	Min	Building the City: From Units to Working Groups
	Lalit	Auroville: Experiments Beyond Wellbeing and the Good Life Towards Planetary Unity
6:30–8:30pm	Devdip Ganguli	Auroville as Living Experiment: Integrating Multiplicity in a Fractured World
	Michel Danino	Conditions for Auroville's fulfilment

Rivu Laha



CINEMA PARADISO
@ Multimedia Center (MMC) Auditorium, Auroville
Film Program 2—8 March

Cinema Paradiso—Multimedia Center is open to the community. Doors open 15 minutes before showtime and closes once the film begins, so please arrive on time. Kindly avoid crossing in front of the screen or using mobile phones when lights are off. Food and beverages are not permitted inside the hall.

Indian—Monday, 2 March, 8pm

Ranna Baati (Playing Kitchen)

India, 2025, Writer-Dir. Pratim D. Gupta w/ Sohini Sarkar, Ritwick Chakraborty, Ida Dasgupta, and others, Drama, 122mins, Bengali w/ English subtitles, Rated: U/A (PG-13)

Widowed Shantanu struggles as his teenage daughter Mohor drifts into defiance and distance. In his effort to reconnect, he discovers a handwritten recipe and reflection book left behind, revealing how Mohor and her mother bonded through cooking—a world he never knew. This sparks a tender journey where simmering dishes revive memories, heal grief, and let love find new language in food, binding generations together. *A tender flavorful story!*

Potpourri—Tuesday, 3 March, 8pm

Big Night

USA, 1996, Dir. Campbell Scott & Stanley Tucci w/ Tony Shalhoub, Stanley Tucci, Marc Anthony, and others, Drama, 109mins, English-Italian w/ English subtitles, Rated: R

In this much awarded film, brothers Primo and Secondo run a struggling Italian restaurant on the Jersey Shore. With rival Pascal thriving, they risk everything on one lavish banquet to impress a celebrated guest. As ambition collides with artistry, food becomes the battleground for loyalty, dreams, and the fragile hope of redemption.

Selection—Wednesday, 4 March, 8pm

Dalva (Love According to Dalva)

France-Belgium, 2022, Writer-Dir. Emmanuelle Nicot w/ Zeldia Samson, Alexis Manenti, Fanta Guirassy, and others, Drama, 93mins, French w/ English subtitles, Rated: NR (R)

This film is being brought to you in collaboration with Alliance-Française. At twelve, Dalva has been raised to believe she is already a woman. Taken abruptly from her father's home, she resists the world until fragile bonds with Jayden and Samia reveal painful truths. Through friendship and revelation, she begins to reclaim childhood and confront love, control, and survival—in this award-winning drama.

Interesting—Thursday, 5 March, 8pm

In the Circle of Life

USA, 2026, Dir. Zaya Benazzo w/ Judy Atkinson, Kylie Marjambi, Uncle Paul Gordon, and others, Documentary, 75mins, English w/ English subtitles, Rated: NR (PG)

Across Australia, ancient songlines echo ancestral memory. Guided by Aboriginal Elders, artists, and communities, the film reveals how dance, ceremony, and language preserve culture while bearing the scars of colonization. A powerful journey of resilience and the timeless heartbeat of land and people. *We thank SAND for this generous sharing, the fifth film in a series that will continue to move and inspire in the months ahead. Can't miss!*

Your generous support to help sustain and
grow this community space.
Every contribution counts!

International Film Saturday, 7 March, 8pm

Úsvit (We Have Never Been Modern)

Czech Republic-Slovakia, 2023, Dir. Matej Chlupacek w/ Eliska Krenková, Miloslav König, Milan Ondřík, and others, Drama-Mystery, 117mins, Czech w/ English subtitles, Rated: NR (R)

Pregnant Helena Hauptová arrives in a new industrial town with her husband Alois, dreaming of a modern utopia. When the body of a newborn intersex child is discovered in their factory, Helena defies secrecy and prejudice to uncover the truth—an award-winning film, whose original title means "Dawn," symbolizing awakening.

Children's Matinee—Sunday, 8 March, 4pm

L. M. Montgomery's Anne of Green Gables: The Good Stars

USA-Canada, 2017, Writer-Dir. John Kent Harrison w/ Ella Ballentine, Sara Botsford, Martin Sheen, and others, Family, 88mins, English w/ English subtitles, Rated: G

Spirited orphan Anne Shirley embraces new adventures at Green Gables with Marilla and Matthew Cuthbert. From sleepovers and culinary mishaps to shifting friendships with Diana Barry and rival Gilbert Blythe, Anne's imagination lights the joys of growing up. *We bring this tale to children on International Women's Day, celebrating courage and wonder.*

Classic World Cinema @ Ciné-Club

Ciné-Club Sunday, 8 March, 8pm

Frida

USA, 2002, Dir. Julie Taymor, w/ Salma Hayek, Alfred Molina, Jeffrey Rush, and others, Biography-Drama, 123 mins, English-Spanish w/ English subtitles, Rated: R

This is the true story of Frida Kahlo and her husband Diego Rivera, the larger-than-life painters who became the most acclaimed artists in Mexican history, and whose tempestuous love affair, landmark journeys to America, and outrageous personalities made them legendary.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e., for Adults), NR=Film Not rated, Rating awaited.

To organize a seminar/program at MMC Auditorium, kindly email us: mmcauditorium@auroville.org.in.

Support MMC-CP: Every Contribution Counts: Like cultural spaces worldwide, MMC-CP relies on local financial support to thrive. If you value the films and programming we offer, consider a one-time or recurring donation via the Unity Fund to Account #105106, or contribute directly at the venue.

If you have an innovative fundraising idea and are willing to take it forward, we'd love to hear from you. Write to share your proposal and let us know how you'd like to be involved at mmcauditorium@auroville.org.in.

MMC/CP Group Account# 105106,
mmcauditorium@auroville.org.in,
Submitted by Nina

PARADISO SPECIAL

The Golden Thread



Cinema Paradiso Presents
On Thursday, 26 February 2026 @ 8pm @ MMC Auditorium, Auroville

Nishtha Jain's



THE GOLDEN THREAD

AN AWARD WINNING FILM BY NISHTHA JAIN

The Golden Thread
India-Netherlands-Bosnia and Herzegovina-Norway, 2022, Writer-Dir. Nishtha Jain w/ Maqsood Alam, Babujan, SC Chandra, and others, Documentary, 90mins, Hindi-English-Bengali w/ English subtitles, Rated: NR (PG)

Outside Kolkata, century-old jute mills still pulse with steam, sweat, and rhythm. Workers like Maqsood Alam and Babujan embody resilience as machines thunder on. This internationally acclaimed documentary — hailed as “mesmerising, a masterpiece of industrial and human storytelling” — captures the fragile beauty of labor, light, and survival.

The director, known for her sensitive films and strong social stands, has previously won at the AVFF. We thank her for sharing this much-awarded film, and she will join us for a brief Q&A after the screening. An extraordinary evening of cinema and conversation — not to be missed!

Your generous support to help sustain and grow this community space.
EVERY CONTRIBUTION COUNTS!

In the circle of life



Cinema Paradiso Presents
On Thursday, 5 March 2026 @ 8pm @ MMC Auditorium, Auroville

Zaya Benazzo's



In the Circle of Life

USA, 2026, Dir. Zaya Benazzo w/ Judy Atkinson, Kylie Marjambi, Uncle Paul Gordon, and others, Documentary, 75mins, English w/ English subtitles, Rated: NR (PG)

Across Australia, ancient songlines reverberate with ancestral memory, guiding the footsteps of Aboriginal Elders, artists, and communities. This film invites audiences into a living tapestry where dance, ceremony, and language are not only cultural treasures but acts of resilience against the scars of colonization. It is a stirring journey that celebrates survival, honors tradition, and reveals the timeless heartbeat of land and people. A cinematic experience that uplifts, inspires, and reminds us of the enduring strength of heritage.

We thank Science and Non-Duality (SAND) for this generous sharing, the fifth in a continuing series that will continue to move and inspire in the months ahead.

A single screening. An unmissable experience.

Your generous support helps to sustain and grow this community space.
EVERY CONTRIBUTION COUNTS!

MMC/CP Group Account# 105106,
mmcauditorium@auroville.org.in.
Submitted by Nina

ANNOUNCEMENT FOR SCREENING

Friday, 6 March, 7:30pm
@ MMC Auditorium, THall

- “Barnaby Jones and The Many Mysteries of Dr. Oddball” by Jonak Joey
- “Pearls on Swine” by Smita Thomas and Sohaib Ilyas

Duration: 90 minutes.
Hope to see you there

Ahilya



KEEP CINEMA PARADISO'S MAGIC ALIVE



Keep Cinema Paradiso's Magic Alive – Join Us!
Multimedia Center Auditorium – Cinema Paradiso (MMC-CP)

Community cinemas like ours thrive on the passion of audiences like you. At Cinema Paradiso, core funding barely covers basic maintenance—we pour our hearts into everything else, from fuel to vital upgrades. Post-COVID, budgets vanished, costs skyrocketed, and fewer events slashed our income. Even generator expenses, once externally funded, now land squarely on us.

To sustain the screenings that light up our nights, we're aiming for 8 Auroville units. Thrilled to share: FIVE units are already championing us with ₹3,000/month or more each! We warmly invite THREE more units to join this vital circle. Film lovers and individuals, your support counts too—every contribution fuels the magic.

Indian nationals and Auroville unit holders (any nationality) can donate easily via recurring or one-time gifts through the Unity Fund at our Financial Service—straight to MMC – Cinema Paradiso (FS Account #105106). Skip direct payments to avoid our 18% GST burden (though they're welcome if easier). Non-Indian nationals in or beyond Auroville, reach out to AV Unity Fund at Financial Service for seamless guidance.

Your gift keeps the reels turning, sparks joy, and weaves stronger community bonds. **Be the hero in our next chapter—what's your story?**

With deepest gratitude,

Thanking you
MMC-CP Team

MMC/CP Group Account# 105106,
mmcauditorium@auroville.org.in.
Submitted by Nina

ECO FILM CLUB:

Every Friday @ Sadhana Forest

Schedule of Events

- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
 - 16:30 Tour of Sadhana Forest
 - 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
 - 18:30 Eco Film Club begins with “previews” of short Sadhana Forest films
 - 20:00 Dinner is served
 - 21:15 Free bus from Sadhana Forest back to Solar Kitchen
- Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest.



- For more information about the bus service please contact Sadhana Forest at 8525038274.
- Note: Families and children are welcome! Dinner for children will be served at 19:00. :)

Friday, 27 February

Global renewables:

Pioneering the energy transition

40mins, 2023, DW

The documentary provides a global overview of the solutions that already exist for a worldwide transition to renewable energy. It also looks into what challenges still need to be overcome, not only in the laboratories and power plants, but also among the movers and shakers who drive the change today.



Aviram

Accessible Auroville Public Bus

avbus@auroville.org.in

Emergency Services



Auroville TO PONDICHERRY

Monday to Saturday	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest House—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen—Roundabout	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35



Pondicherry TO AUROVILLE

Monday to Saturday	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Roundabout	8:34	12:50	18:44
Town Hall—Main Parking	8:38	12:54	18:48
Vérité Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

Submitted by Raju

Ambulance (24/7):

- Auroville—9442224680
- PIMS—0413 2656271

Security (24/7):

- Auroville Security & Emergency Services (ASES)—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

Health:

- Health Center—0413 2910005
- Santé—0413 2622803
- Farewell—8903836246

Mental health 24/ 7 support:

- Vandrevalla Foundation +91 9999666555

India Emergency Response Service (24/ 7):

- 108



About N&N

NEWS AND NOTES

Guidelines

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole.

Visiting hours:

- Monday & Tuesday, 10am—12pm

Hard deadline for submissions:

- Tuesday 3pm

Poster to publish:

- Width 9.5cm x Height 4cm

Katia (AgniJata) & Alexey
NewsAndNotes@auroville.org.in



Supramental Sun flower